Voque



编舞者: Raymond Sarlemijn (NL)

音乐: Vogue - Madonna



Step out, out, handmovements

step out LF to left side (2nd) Hands stredged out with palms out stay in this position (2nd) Hands stredged out with palms in Stick right arm crosswise behind left arm (elbows tight together) Elbows against each other arms next to eachother in front off face

4 Right arm goes in front of left arm down to side of your body and Rf step next to left

Kick ball step, knee pops

Kick RF forward
Step back on RF
Step LF in front of RF

7 Rf make a circle with your knee turning Right

8 Turning ¼ right side

Swivels 4 times

1 Point Right toe forward heel pointing to left, LF heel pointing right

& stand on both toes

2 Point Right toe backwards heel pointing to left, LF heel pointing right

& stand on both toes

3 Point Right toe forward heel pointing to left, LF heel pointing right

& stand on both toes

4 Point Right toe backwards heel pointing to left, LF heel pointing right

Kickball step, ½ turn right

5 Kick RF forward& Step back on RF

6 Step LF in front of RF(stay in this position)

7 Turn ½ right(weight on LF) & Roll you hand Right over left

8 Stretch out Right hand upwards and left hand point forward

Shuffle, points

1&2 Shuffle R,L,R forward3 Point Left toe to left side

& weight change

4 Point Right toe right side

½ turn right, kick ball point

5 Lift up RF turning ½ right
 6 Step RF next to Lf
 7 Kick RF forward
 & Step back on RF
 8 point Left toe to left side

Arm movements

Weight on RF slightly bend knee put right arm on left arm
 Pull right arm upwards(elbow right on top of hand left arm)
 Circle both hand in front of your body counter clockwise
 Cross Lf behind right pointing both arms to right side

Shuffle side ways, ½ turn right

5&6 Shuffle L,R,L to leftside
7 RF cross behind LF
8 Turn ½ right ending in 1st position