

Love & Happiness

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Phil Johnson (UK) - May 2006
音乐: Love and Happiness - Mark Knopfler & Emmylou Harris : (CD: All the Roadrunning)



Intro: 16 counts (76bbm)

Touch /lunge to left, recover; left behind side cross; touch/lunge to right, recover; right behind left

- 1-2 Touch left toe to left side whilst lunging to left (bending left knee whilst keeping right leg straight, leaning body left); recover weight on right;
3-5 Cross step left behind right, step right to right side, cross step left over right;
6-7 Touch right toe to right side whilst lunging to right (bending right knee whilst keeping left leg straight, leaning body right); recover weight on left;
8 Cross step right behind left. (12 o'clock)

¼ turn left; right kick cross, left lock left back, full turn right backwards

- 9-11 ¼ turn left stepping forward on left; kick right to right diagonal, cross step right over left;
12-14 Step back on left, cross step right over left, step back on left;
15-16 ½ turn right stepping forward on right, ½ turn right stepping left beside right. (9 o'clock)

Right lock right forward; step forward left; kick cross right; ¾ turn left

- 17-20 Step right forward, lock left behind right, step right forward, step left forward;
21-22 Kick right forward to right diagonal, cross step right over left; (9 o'clock)
23-24 ¼ turn left stepping left to left side; ½ turn left stepping right to right side. (12 o'clock)

Left forward Rhumba Box

- 25-28 Step left to left side, step right beside left, step left forward, touch right beside left;
29-32 Step right to right side, step left beside right, step back on right starting ¼ turn left, complete ¼ turn left touching left beside right (9 o'clock)

Begin again and enjoy dancing to this wonderfully peaceful music

NOTE: Commencing the dance at the 3 o'clock wall for the third time you will start the rhumba Box as the music slows to the end of the song. Complete the Rhumba box slowly and cross touch left over right as you turn to the home wall for the last beat of the dance. Aaaaahhhhhhhh.

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