

# Staying Alive

**COPPER** KNOB  
BY STEPHEN METZ

拍数: 84      墙数: 4      级数: Intermediate  
编舞者: Jenna Pogue (UK) - March 2006  
音乐: Staying' Alive - Bee Gees : (CD: Greatest Hits)



## 24 count intro

Sequence: A, B, A, B, A, B, A, B, A with Tag and Restart, B, A

## Section A

### WALK FORWARD X3, POINT, WALK BACK X3, HOOK

1-4      Walk forward Right, Walk forward Left, Walk forward Right, Point Left to Left side  
5-8      Walk back Left, Walk back Right, Walk back Left, Hook Right

### STEP ¼ TURN RIGHT, SIDE, RIGHT SAILOR STEP WITH CROSS, SWAY X4

1,2,3&4      Step ¼ Turn Right, Step Left to Left side, Step Right Behind, Step Left to Left side, Cross  
Right over Left  
5,6,7&8      Sway out onto Left, Sway Right, Sway Left, Sway Right, Sway Left

### SIDE, TOGETHER, RIGHT CHASSE, POINT X3, TOUCH

1,2,3&4      Step Right to Right side, Step Left next to Right, Step Right to Right side, Close Left next to  
Right, Step Right to Right side  
5-8      Point Left in front, Point Left to Left side, Point Left behind, Touch Left in place

### SIDE, TOGETHER, LEFT CHASSE, POINT X3, TOUCH

1,2,3&4      Step Left to Left side, Step Right next to Left, Step Left to Left side, Close Right next to Left  
Step Left to Left side  
5-8      Point Right in front, Point Right to Right side, Point Right behind, Touch Right in place

### STEP ¼ TURN RIGHT X2, STEP ½ TURN RIGHT, TOUCH, HEEL, TOE, SHIMMY

1-4      Step ¼ Turn Right onto Right, Step ¼ Turn Right onto Left, Step ½ Turn Right onto Right  
Touch Left in Place  
5-6      Touch Left Heel to Left Diagonal, Touch Left Toe in place  
7-8      Bend Knees slightly and Shimmy on the spot for 2 counts

### STEP ¼ LEFT X2, STEP ½ TURN LEFT, TOUCH, HEEL, TOE, SHIMMY

1-2      Step ¼ Turn Left onto Left, Step ¼ Turn Left onto Right  
3-4      Step ½ Turn Left onto Left, Touch Right in place  
5-6      Touch Right heel to Right Diagonal, Touch Right toe in place  
7-8      Bend Knees slightly and Shimmy on the spot for 2 counts

### SIDE, TOGETHER, X2, POINT, TOUCH, POINT, STEP

1-4      Step Right to Right side, Step Left next to Right, Step Right to Right Side, Step Left next to  
Right  
5-8      Point Right to Right side, Touch Right in place, Point Right to Right side, Step Right in place

### SIDE, TOGETHER, X2, POINT, TOUCH, POINT, TOUCH

1-4      Step Left to Left side, Step Right next to Left, Step Left to Left side, Step Right next to Left  
5-8      Point Left to Left side, Touch Left in place, Point Left to Left side, Touch Left in place

## Section B

### & CROSS, SIDE, TOGETHER, CHASSE LEFT, HEEL, TOE, HEEL

& 1-2      Step down on Left, Cross Right over Left, Step Left to Left side,  
3-4      Step Right next to Left, Step Left to Left side

&5-6 Close Right next to Left, Step Left to Left side, Touch Right heel in place  
7-8 Touch Right toe in place, Touch Right heel in place

**& CROSS, SIDE, TOGETHER, CHASSE LEFT, HEEL, TOE, HEEL**

& 1-2 Step down on Right, Cross Left over Right, Step Right to Right side

3-4 Step Left next to Right, Step Right to Right side

& 5-6 Close Left next to Right, Step Right to Right side, Touch Left heel in place

7-8 Touch Left toe in place, Touch Left heel in place

**& CROSSING JAZZ BOX**

& 1-2 Step down on Left, Cross Right over Left, Step back onto Left

3-4 Step Right to Right side, Step Left in place

**Tag:** Wall 5 during Section A - 4 count Tag after count 36 then Restart A

**KICK BALL CROSS, SIDE, TOUCH**

1&2 Kick Left, Step down on Left foot, Cross Right over Left

3-4 Step Left to Left side, Touch Right in place

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