Ram A Lam A Ding Dong

拍数: 48

级数: Improver

编舞者: Alison Carrington (UK) & Andy Stirling

墙数: 4

音乐: Who Put the Bomp (In the Bomp-A-Bomp-A-Bomp) - Showaddywaddy

Wait for the words "that made my baby fall in love with me," then count 4 beats, then do the 16-count intro

- 1&2& With arms bent at waist height, swing both arms right & click, left & click
- 3&4& Swing both arms all the way around from left to right and click
- 5-8& Repeat 1-4& in the opposite direction
- 9-16& Repeat 1-8&

THE MAIN DANCE

DIAGONAL STEPS FORWARD RIGHT & LEFT, DIAGONAL STEPS BACK (X4)

- 1&2&Step right to right diagonally forward, bring left to right, step right forward, bring left to right3&4&Step left to left diagonally forward, bring right to left, step left forward, bring right to left5&Step diagonally back right on right, touch left to right & click arms to right6&Step diagonally back left on left, touch right to left & click arms to left7&8&Repeat 5&6&
- 9-16& Repeat 1-8&

KICKS FORWARD, SIDE, IN PLACE (X4)

- 1&2 Kick right forward, kick to side, step on right
- 3&4 Kick left forward, kick to side, step on left
- 5-8 Repeat 1-4

WALKS FORWARD RIGHT, LEFT, POINT, WALKS BACK RIGHT, LEFT, POINT (TWICE)

- 1&2 Walk forward on right, then left, point forward right, hold
- 3&4 Walk back on right, then left, point back right, hold
- 5-8 Repeat 1-4

STEP, TURN, STEP, SIDE MAMBO, KICK BALL BACK, (TWICE)

- 1&2 Step forward on right and turn ½ left onto left foot, step back on right
- 3&4 Side rock to left on left, rock onto right, step on left
- 5&6 Kick right forward, step on ball of rm step back on left
- 7&8 Kick right forward, step on ball of right, step back on left

SAILOR ¼ RIGHT, SIDE MAMBO, KICK & CROSS, & BEHIND, SIDE, FRONT

- 1&2 Make ¼ turn to right on right foot, step on left, step o right
- 3&4 Side rock to left on left foot, rock onto right, step on left
- 5&6& Kick right forward, step on right, cross left over right, step right to right
- 7&8 Step behind with left, step right to right, cross left over right
- REPEAT



