

Aspire

COPPER KNOB
BY STEPSHEETS

拍数: 48 墙数: 4 级数: Beginner
编舞者: Bracken Heidenreich (USA) & Linda Ellis (USA) - May 2006
音乐: Born to Be Alive - Patrick Hernandez



Intro:32 counts

CROSS ROCK, SHUFFLE SIDE, CROSS ROCK, SHUFFLE SIDE

1-2 Rock R across (in front of) L; Recover to L [12:00]
3&4 Step R to R side; & Close L next to R; Step R to R side [12:00]
5-6 Rock L across (in front of) R; Recover to R [12:00]
7&8 Step L to L side; & Close R next to L; Step L to L side [12:00]

JAZZ BOX WITH 1/4 TURN, JAZZ BOX WITH 1/4 TURN

1234 Step R across (in front of) L; Step L back; Make 1/4 turn R and step R forward; Step L forward [3:00]
5678 Step R across (in front of) L; Step L back; Make 1/4 turn R and step R forward; Step L forward [6:00]

POINT, FORWARD, POINT, FORWARD, POINT, BACK, POINT, BACK

1234 Point R to R side; Step R forward (slightly across L); Point L to L side; Step L forward slightly across R) [6:00]
5678 Point R to R side; Step R back (slightly behind L); Point L to L side; Step L back (slightly behind R) [6:00]

POINT, TOUCH, FORWARD, TOUCH, POINT, TOUCH, FORWARD, TOUCH

1234 Point R to R side; Touch R next to L; Step R forward; Touch L next to R [6:00]
5678 Point L to L side; Touch L next to R; Step L forward; Touch R next to L [6:00]

FORWARD ROCK, COASTER STEP, FORWARD ROCK, SHUFFLE HALF TURN

1-2 Rock R forward; Recover to L [6:00]
3&4 Step R back; & Step L next to R; Step R forward [6:00]
5-6 Rock L forward; Recover to R [6:00]
7&8 Make 1/2 turn L and step L forward; & Close R next to L; Step L forward [12:00]

FORWARD ROCK, COASTER STEP, FORWARD ROCK, SHUFFLE QUARTER TURN

1-2 Rock R forward; Recover to L [12:00]
3&4 Step R back; & Step L next to R; Step R forward [12:00]
5-6 Rock L forward; Recover to R [12:00]
7&8 Make 1/4 turn L and step L to L side; & Close R next to L; Step L to L side [9:00]
