

# Into Your System

**COPPER KNOB**  
STEPPERS

拍数: 64      墙数: 4      级数: Intermediate/Advanced  
编舞者: Carol Jasper (AUS)  
音乐: Into Your System - Eliza



Intro: 14 Counts

Sequence:

Wall 1: 52 (9:00)

Wall 2: 36 (6:00)

Wall 3: 52 (3:00)

Wall 4: 64 (12:00)

Bridge Tag: (12:00)

Wall 5: 64& (9:00)

Wall 6: 64 (6:00)

- §1      Cross Side Sailor ¼ Turn. Cross ½ Turn Coaster**  
123&4      Cross Right over Left, Step Left to Left, Cross Right behind Left, Turn ¼ Right Step Left to the Left, Step Right to Right [3:00]  
56      Cross Left over Right, Turn ½ Left Step Right Back [9:00]  
7&8      Step Left back, Step Right beside Left, Step Left forward
- §2      Cross Side Behind Side Cross, Forward Rock ¼ Turn Back Rock**  
12      Cross Right over Left, Step Left to Left,  
3&4      Step Right behind Left, Step Left to Left, Cross Right over Left  
56      Rock Left forward, Recover on Right  
78      Turn ¼ Left Rock Left back, Recover on Right [6:00]
- §3      Forward Shuffle, Pivot ½ Turn Forward Shuffle, Full Turn**  
1&2      Step Left forward, Right beside Left, Step Left Forward  
34      Step Right forward, Pivot ½ Turn Left [12:00]  
5&6      Step Right forward, Left beside Right, Step Right forward  
78      Turn ½ Right Step Left back, Turn ½ Right Step Right forward [12:00]
- §4      Rock Step, Coaster Step, Cross And Heel x 2**  
12      Rock Left forward, Replace on Right  
3&4      Step Left back, Step Right beside, Step Left forward  
5&6      Cross Right over Left, Step Left to Left, Right Heel to Right Diagonal,  
&      Step Right in place  
7&8      Cross Left over Right, Step Right to Right, Left Heel to Left Diagonal  
&      Step Left in place
- §5      Cross Side Behind ¼ Left, Monterey Turn, Rock Recover Cross**  
12      Cross Right over Left, Step Left to Left  
34      Step Right behind Left, Turn ¼ Left Step Left forward [9:00]  
56      Point Right to Right, Turn ½ Right Step Right in place [3:00]  
7&8      Rock Left to Left, Recover on Right, Cross Left over Right
- §6      Full Turn, Cross Rock Recover ½ Turn, Shuffle**  
1234      Turn ¼ Left Step Right back, Turn ½ Left Step Left forward, Step Right forward, Pivot 1/4 Left weight on Left [3:00]  
56      Cross Right over Left recover on Left  
7&8      Turn ½ Right Step Right forward, Step Left beside, Step Right forward [9:00]
- §7      Forward Rock Sweep, Sailor Step, Front Sailor x 2**

12&3&4 Rock Left, recover on Right, Sweep Left out, Step Left behind Right, Step Right to Right, Step Left to Left  
5&6 Cross Right over Left, Step Left to Left, Step Right in place  
7&8 Cross Left over Right, Step Right To Right, Step Left in place

**§8 Rock Recover Back Shuffle, Back Rock Forward Full Turn**  
12 Rock Right forward, Recover on Left  
3&4 Step Right back, Step Left beside, Step Right back  
56 Rock Left back, Recover on Right  
78 Turn ½ Right step back on Left, Turn ½ Right step Right forward [9:00]  
& Step Left beside Right (Only apply on end of Wall 5)

#### **Bridge Tag**

**§1 Side Behind Side Shuffle x 2**  
123&4 Step Left to Left, Cross Right behind Left, Side, Together, Side  
567&8 Step Right to Right, Cross Left behind Right, Side, Together, Side

**§2 Lock Step Shuffle X 2**  
123&4 Step Left diagonally, Lock Right behind, Left shuffle forward  
567&8 Step Right diagonally, Lock Left behind, Right shuffle forward

**§3 Step Forward Hold x 2**  
1234 Left forward diagonally, Hold 3 counts (stretch & open hands out to both sides)  
5678 Step Right forward diagonally, Hold 3 Counts (weight on left) (stretch & open hands out to both sides)

**§4 Step Backward Hold X 2**  
1234 Step Right backward diagonally, Hold 3 Counts (stretch & open hand out to both sides)  
5678 Step Left backward diagonally, Hold 3 Counts (stretch & open hand out to both sides)

**§5 Heel Bounce, Kick**  
1234 Right Heel bounce x 3, Kick Right forward.

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