

# Mind Jammin

**COPPER KNOB**  
STEPPERS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Derrick Walker (USA)  
音乐: Favorite State of Mind - Josh Gracin : (CD: Single)



## **KNEE KNOCKS [w/ HITCHHIKES]**

- 1-4      With feet together knock knees in and out starting with knees knocking in (point left thumb to the left like your hitching a ride)  
5-8      Repeat 1-4 (point right thumb to the right)

## **MONTEREY TURNS**

- 9      Touch Right Toe to Right  
10      Pivot ½ turn right on ball of left and step together right  
11-12      Touch left toe to side, step together left

## **PIGEON TOES**

- 13      Side step left pointing toes outwards  
14      Shift weight to left toe and right heel and fan left heel out and right toe in  
15      Shift weight to left heel and right toe and fan left toe out and right heel in  
16      Shift weight to left toe and right heel and fan left heel out and right toe in  
17-20      Repeat traveling right!!!!!!

## **MONTEREY TURNS**

- 21-24      Repeat 9-12!!!!!!!!!!

## **SCOOT, SCOOT, WALK, WALK, REPEAT**

- 25-26      Scoot Left Foot Forward twice while Right Knee is hitched  
27-28      Step Forward Right Foot, Step Forward Left Foot  
29-32      Repeat 25-28

## **STEP, SLAP, STEP, SLAP, VINE RIGHT w/ ¼ TURN**

- 33-34      Step Right Foot to Right Side, Kick Left Foot behind Right while slapping your boot with your Right Hand  
35-36      Step Left Foot to Left Side, Kick Right Foot behind Left while slapping your boot with your Left Hand  
37-40      Step Right Foot to Right Side, Step Left Foot behind Right Foot, Step Right Foot Forward making ¼ turn Right, Step Left next to Right

## **HEEL/TOE, TOE STRUT**

- 41-42      With weight on both feet you will have your heels facing outward and your toes facing inward, Bring to Center  
43-44      With weight on both feet you will have your heels facing inward and your toes facing outward, Bring to Center  
45-46      Touch ball of Right Forward, step down on Right Heel  
47-48      Touch ball of Left Forward, step down on Left Heel

## **WALK, WALK, WALK, KICK, REPEAT**

- 49-50-51      Making ¼ turn Right, Walk forward Right, Left, Right  
52      Kick Left Foot Forward while making ½ turn Left  
53-54-55      Walk forward Left, Right, Left  
56      Kick Right Foot Forward while making ¼ turn Right

## **ROCKS, ¾ TURN STEPS**

- 57-58      Rock Right Foot Forward, Recover on Left Foot

59-60 Rock Right Foot Backward, Recover of Left Foot  
61 Step Right Foot Forward, making  $\frac{1}{4}$  turn Left  
62 Step on Left Foot making  $\frac{1}{2}$  turn Left  
63-64 Step in place Right, Left

**REPEAT**

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