Call Me When Your Sober

级数: Intermediate

编舞者: Kash Bane (UK)

拍数: 40

音乐: Call Me When You're Sober - Evanescence

Start on vocals after the music kicks in, approx 35 secs

SLOW SWEEP, WEAVE, LUNGE, CROSS, POINT

- 1-2 Sweep right leg out and in front of left over 2 counts
- 3&4 Cross right over left, step left to left side, step right behind left
- 5-6 Lunge out to left side with left leg making sure the left knee is fully bent, recover by sliding left back towards center
- 7-8 Cross left over right, point right to right side

1/2 RONDE, CROSS, ROCK AND SLIDE COMBO, CROSS, 1/2 UNWIND, RUN, POINT

- &1-2 Step right next to left, on ball of right make a ½ turn over right shoulder sweeping left leg out, cross left over right
- 3&4& Rock right to right side, recover onto left, take a large step to right with right foot, begin to slide left foot towards center
- 5-6 Cross left behind right, unwind to make a ¹/₂ turn over left shoulder
- 7&8 Run forward right then left, point right toe forward

FULL RONDE, SAILOR STEP, BALANCE STEP, SIDE, CROSS, SIDE

- &1-2 Step right next to left, step forward on left foot, make a full turn on ball of left foot over right shoulder while sweeping right leg out
- 3&4 Step right behind left, step left forward, step right to right side
- 5-6 Step left to left side, tilt body to left as if reaching for left foot and raise right foot off of floor so you balance on left leg alone, begin to return to upright position
- 7&8 Fully recover by stepping right to right side, cross left over right, step right to right side

REVERSE SAILOR STEP, ¾ RONDE, DRAG AND HOOK, ROCK AND TAP

- 1&2 Cross right over left, step left back, step right to right side
- &3-4 Step left to left side, make a ³/₄ turn over left shoulder on ball of left while sweeping right leg round, cross right over left
- 5&6 Take a large step back to left diagonal, slide right towards left, hook right at left shin
- 7&8 Rock right to right side, recover onto left, tap right toe behind left foot

PRESS, FULL TURN, STEP, HOOK, ROCK AND HITCH, LEFT COASTER

- 1&2 Press right to right side, recover pushing off of right foot, make a full turn over right shoulder on ball of left
- 3-4 Step right to right side, hook left foot behind right shin
- 5&6 Rock left foot to left side, recover onto right foot, hitch left knee at right leg
- 7&8 Step left foot back, step right next to left, step forward on left
- REPEAT

TAG: After wall 2

RIGHT COASTER, LEFT LOCK STEP

1&2 Step right back, close left next to right, step forward on right

3&4 Step left forward, lock right behind left, step left forward

RESTART: OnWwall 6 dance up to Count 32 (rock and tap) then Restart the dance. This should leave you at the chorus with 32 Counts left. The dance will End at Count 32 (rock and tap)





協調

墙数:4