

Cumbia Dance A Thon

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 1 级数: Beginner
编舞者: Irene Groundwater (CAN) - August 2000
音乐: La Cumbia - G. Kajunus : (CD: Macarena Tropical Disco)



Start when music starts - 16 count intro

If you make a complete (full) turn on the initial dance pattern, the dance will always have a 12:00 o'clock home wall.

Otherwise, you should start the dance on the 9:00 o'clock wall so that you will end up with a 12:00 o'clock home wall

If you start the dance on the home wall with just a $\frac{3}{4}$ turn to begin with, your home wall will become the 3:00 o'clock wall.

FWD, FWD, FWD, KICK BACK, FWD, FWD, FWD, KICK BACK

(CIRCLING LEFT $\frac{3}{4}$ TURN ON THESE 8 COUNTS)

1-2 Left fwd turning left, Right fwd turning left
3-4 Left fwd turning left, Right kicks back while Head tilts back
5-6 Right fwd turning left, Left fwd turning left
7-8 Right fwd turning left, Left kicks back while Head tilts back

(Optional - Hands circle each other in front of Chest on steps 1,2,3 and 5,6,7)

LEFT VINE WITH RIGHT HEEL, RIGHT VINE WITH LEFT HEEL

9-10-11 Side step left, Right behind left, Side step left
12 Tap right heel to the right turning Body $\frac{1}{4}$ turn right on step
13-15 Side step right facing 3 o'clock, Left behind right, Side step right
16 Tap Left heel to the left turning Body $\frac{1}{4}$ turn left on step

(Optional - Point first finger of each hand fwd on steps 12 and 16)

LEFT BODY DIP, TURN, TWO CLAPS, RIGHT BODY DIP, TURN, TWO CLAPS

17 Bring weight onto Left ball which swivels $\frac{1}{4}$ turn right as
18-19 Body dips left with $\frac{1}{4}$ turn right as Right ball swivels right
&20 Clap, Clap
21 Bring weight onto Right ball which swivels $\frac{1}{4}$ turn left as
22-23 Hip sways right, Body turns $\frac{1}{4}$ turn left as Left ball swivels left
&24 Clap, Clap

(Optional - Swivel on Heel instead of Ball of foot on steps 19 & 23)

(Optional - Use Hip & Shoulder shimmy on counts 18-19 & 22-23)

FWD, BACK, BACK, HOLD, BACK FWD, FWD, $\frac{1}{4}$ TURN LEFT

25-26 Left fwd, Right back
27-28 Left back, Hold
29-30 Right back, Left fwd
31-32 Right fwd, Hold (pivoting $\frac{1}{4}$ turn left on Right ball on hold)

(Optional - subtle Cuban motion on last 8 counts)