

Dance Lil Lady

拍数: 32 墙数: 4 级数: Beginner
编舞者: Irene Groundwater (CAN) - May 2006
音乐: Dance 'Lil Lady - Tina Charles : (CD: Sound of the 70's)



32 count intro

****Sequence:** A, B, A, A, B, A, A, B, A, A, B (A = Counts 1 to 32, B = Counts 1 to 16.) Music ends on count 12 of last B

To end facing front wall, On last B ? Dance counts 1 to 10, Count 11 ? Side Left making ¼ turn left and Pose.

****Special Note:** If you dislike tags, Ignore the tags. Dance count 1 ? 32 eight times, Music ends 9th round on count 28.

On count 27 ? Close Right beside Left and pose on count 28 and you will end up facing the front wall.

All short walls (B = counts 1 to 16 patterns) - always occur when you are facing the side walls.

*****Music:** ?Dance Little Lady Dance? music comes in various lengths. Same dance sequence patterns seem to be used.

As a result, you may end on a different wall than the versions shown above.

TOE, HEEL, DIAG FORWARD, DRAG, TOE, HEEL, DIAG FORWARD, DRAG

1-2 Touch Right Toe to Left instep, Touch Right Heel to Left instep
3-4 Right diag forward, Drag Left towards Right
5-6 Touch Left Toe to Right instep, Touch Left Heel to Right instep
7-8 Left diag forward, Drag Right towards Left

TOUCH, FORWARD (4 TIMES)

9 (turning body ¼ turn to left) Touch Right Toe forward raising Right Hip towards the left
10 (lowering Hip and straightening out body ¼ turn right) Right forward
11 (turning body ¼ turn to right) Touch Left Toe forward raising Left Hip towards the right
12 (lowering Hip and straightening out body ¼ turn left) Left forward
13 (turning body ¼ turn to left) Touch Right Toe forward raising Right Hip towards the left
14 (lowering Hip and straightening out body ¼ turn right) Right forward
15 (turning body ¼ turn to right) Touch Left Toe forward raising Left Hip towards the right
16 (lowering Hip and straightening out body ¼ turn left) Left forward

(Option ? On counts 9 and 13 ? Extend Right arm forward brushing Left hand back over head)

(Option ? On counts 11 and 15 ? Extend Left arm forward brushing Right hand back over head)

(Option ? On counts 9 to 16 ? If you don't like hip movements - Dance four forward Toe Struts)

BACK, BACK, BACK, KICK, BACK, BACK, BACK, KICK

17-18 Right back, Left back
19-20 Right Back, Kick Left foot forward
21-22 Left back, Right back
23-24 Left Back, Kick Right foot forward

(Option ? On counts 20 and 24 ? Snap fingers each side of body, chest high)

FORWARD, REPLACE, BACK, REPLACE, FORWARD, HOLD, ¼ TURN LEFT, HOLD

25-26 Right forward, Replace weight on Left
27-28 Right back, Replace weight on Left
29-30 Right forward, Hold
31-32 Replace weight on Left making ¼ turn left on step, Hold