

3 Chord Rock (Beg Version)

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Aggie Marler (USA) - August 2006
音乐: Three Chord Country And American Rock & Roll (Radio Edit) (feat. Steven Tyler)
- Keith Anderson : (single version or radio edit)



begin dance 32 counts in when they begin singing

fwd, fwd, triple in place, rock back on L, shuffle fwd

1, 2 walk fwd on R, walk forward on L
3& 4 step w/R beside L, step in place w/L, step in place w/R
5,6 rock back on L, recover on R
7&8 step fwd on L, together (or lock behind) on R, step fwd on L

fwd,fwd, rock&cross, fwd , hitch hip 2X making 1/4 turn L , 1/4 turn L flick R foot

1, 2 walk fwd on R, walk fwd on L
3&4 rock right on R, recover onto L, step across in front on R
5,6,7 step fwd on L, hitch right hip twice to make 1/4 turn L (add your own styling - heel digs, toe points, shouder shrugs, water sprinkler, etc)
&8 Touch right toe beside L foot and make 1/4 turn L flicking R foot back

fwd, side 1/4 turn R , sailor 1/4 turn R, walk forward 4X

1, 2 step fwd on R, 1/4 turn right step side on L,
3&4 step behind on R, step side on L, 1/4 turn R step fwd on R
5, 6,7,8 step fwd on L , step forward on R, step fwd on L, step forward on R(add shoulder shrugs, swivel steps, funky walks, etc)

cross, rock recover (back diag), cross, rock recover (back diag), fwd, 1/2 turn L, stomp, knee pops 2X

1&2 step fwd on L slightly across R, rock diagonally back on R, recover weight quickly to L
3&4 step fwd on R lightly across L, rock diagonally back on L, recover weight quickly to R
5, 6 step fwd on L (5), make 1/2 turn L & step/stomp R foot to side (6)
7, 8 pop knees lifting heels 2 times (or any variation you desire - body rolls, Elvis knees, funky feet, etc)

2 Easy when you face the back wall the 1st time restart after 8 counts (instrumental)

Restarts:

when you face the back wall the 2nd time restart after 16 counts (instrumental)

ENJOY!!!

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