

Send Me Signals (SMS)

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Steve Rutter (UK) - August 2006
音乐: S.M.S. To My Heart - Modern Talking : (Album: America, 10th)



32 Count Intro

Section 1

Step Forward, Toe Touch, Jazz Jump Back, Clap, Cross Rock, Shuffle ½ turn Right.

1-2 Step forward to right diagonal on right, touch left toe beside right.
&3 Jump back on left, right (feet shoulder width apart).
4 Clap.
5-6 Cross rock right over left, recover weight onto left.
7&8 make a half turn right stepping on right, left, right.

Section 2

Step Forward, Toe Touch, Jazz Jump Back, Clap, Cross Rock, Chasse Right With ¼ Turn Right.

9-10 Step forward to left diagonal on left, touch right toe beside left.
&11 Jump back on right, left (shoulder width apart).
12 Clap
13-14 Cross rock right over left, recover weight onto left.
15&16 Step right to right side, close left beside right, make a quarter turn right stepping forward on right.

Section 3

Lock Steps, Forward Rock, Shuffle ½ Turn Left.

17&18 Step forward on left, lock right behind left, step forward on left.
19&20 Step forward on right, lock left behind right, step forward on right.
21-22 Rock forward on left, recover on right.
23&24 make a half turn left stepping on left, right, left.

Section 4

Walk Forward, Kick-Ball-Change, Toe Touches.

25-26 Step Forward on right, step forward on left.
27&28 Kick right forward, step down on right (taking weight), change weight onto left.
29&30 Touch right toe forward, close right beside left, touch left toe forward.
31-32 Touch left toe across right, touch left toe forward.

Section 5

Toe Touch, Sailor Step, Toe Touch, Side Rock, Triple Step Full Turn Right.

33 Touch left toe to left side.
34&35 Cross left behind right, step right to right side (taking weight), replace weight onto left.
36 Touch right toe beside left.
NOTE: When dancing Wall 4 Restart dance here (you'll be facing 12 o'clock at this point).
37-38 Rock right to right side, recover weight onto left.
39&40 Make a full turn right stepping on right, left, right.

Section 6

Side Step, Sailor Step, Toe Touch, Side Rock, Sailor Step With ½ Turn Left.

41 Step left to left side.
42&43 Cross right behind left, step left to left side (taking weight), replace weight onto right.
44 Touch left beside right.
45-46 Rock left to left side, recover on right.
47&48 Cross left behind right, make a quarter turn left stepping right beside left, make a quarter turn left stepping left beside right.

Section 7

Rock & Cross x2, Toe Touches, Rock & Cross.

49&50 Rock right to right side, recover weight onto left, cross right over left.
51&52 Rock left to left side, recover weight onto right, cross left over right.
53-54 Touch right toe to right side, touch right toe beside left.
55&56 Rock right to right side, recover weight onto left, cross right over left.

- Section 8** **Toe Touches, Rock & Cross, ½ Turn Left, Full Turn Left.**
- 57-58 Touch left toe to left side, touch left to beside right.
- 59&60 Rock left to left side, recover weight onto right, cross left over right.
- 61-62 Make a quarter turn left stepping back on right, make a quarter turn left stepping left to left side.
- 63-64 Make a half turn left stepping back on right, make a half turn left stepping forward on left.

TAG ? To Be Applied at the end of wall 1 (Facing Right Hand Side Wall ? 3 o'clock).

4 Counts- Step Forward, Close, Step Back, Close.

1-2 Step forward on right, close left beside right.

3-4 Step back on right, close left beside right.

RESTART: When dancing wall 4 only dance as far as count 36 (Toe Touch) then restart dance from beginning (You will be facing front wall at this point ? 12 o'clock).

Begin Again.
