Shakatak Plus One



拍数: 40 墙数: 2 级数: Improver

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音乐: Ciega Sormomuda - Shakira



24 count intro

CHASSE RIGHT, CROSS ROCK

1&2 Step right foot to right. Slide left alongside right, slide right to right.

3 Step left foot across right foot. (Rocking forward)

4 Recover

CHASSE LEFT. CROSS ROCK

5&6 Step left foot to left. Slide right foot alongside left. Slide left foot to the left

7 Step right foot across left foot.(Rocking forward)

8 Recover

WALK FORWARD

1,2,3,4 Starting with your right foot walk forward. Right, left, right, left.

JAZZ BOX

5,6 Cross right foot in front of left foot. Step back on left.7,8 Step right foot to right side Bring left foot alongside right.

TWO SHUFFLE LOCKS

1.2 Slide forward on right. Lock left behind right. Slide forward on right.3,4 Slide forward on left. Lock right behind left. Slide left forward.

HALF TURN. STOMP, STOMP

5,6, Forward on right. Half turn.

7,8 Stomp Right. Stomp left. (Clap hands above head on each stomp)

(REPEAT STEPS 5 - 8)

TWO SHUFFLE LOCKS

1,2, Slide forward on right. Lock left behind right. Slide forward on right.3,4 Slide forward on left. Lock right behind left. Slide left forward.

HALF TURN. STOMP, STOMP

5.6. Step forward on right. Half turn.

7,8 Stomp Right. Stomp left. (Clap hands above head on each stomp)

QUARTER TURN STOMP, STOMP

1,2 Step forward right. Quarter turn to left

3,4 Stomp right. Stomp left. (Clap hands above head on each stomp)

(Repeat steps 33-36)

QUARTER TURN STOMP STOMP

5.6. Step forward right. Quarter turn to left

7,8 Stomp right. Stomp left. (Clap hands above head on each stomp)