Steppin' Again



拍数: 32 编数: 2 级数: Intermediate

编舞者: Lana Harvey Wilson (USA)

音乐: Lee Roy Parnell - One Foot In Front Of The Other: (CD: Every Night's A

Saturday Night)



32 intro

FWD, HOLD, FWD, HOLD, BACK COASTER, SCUFF

1-2	Step L directly in front of R, hold
3-4	Step R directly in front of L, hold
5-6	Step back on L, step R next to L
7-8	Step forward on L, scuff R forward

FWD LOCK, SCUFF, SLOW 1/2 PIVOT

9-10	Step forward on R, step L forward and to outside of R
11-12	Step forward on R, scuff L forward
13-14	Sten forward on L. hold

13-14 Step forward on L, hold

15-16 Pivot 1/2 right weight ending on R, hold

SIDE, HOLD, RECOVER, BEHIND, SIDE, FRONT CROSS, SIDE ROCK, 1/4 TURN

17-18	Rock L to left, hold
19-20	Recover on R, step L behind R
21-22	Step R to R to right, cross step L over R
23-24	Step R to right, recover on L turning 1/4 left

HEEL TOE STRUTS, STEP-CLOSE-STEP, 1/2 PIVOT/HOOK

25-26	Touch R heel forward, drop R toe taking weight
27-28	Touch L heel forward, drop L toe taking weight
29-30	Step forward on R. slide/step L next to R

31-32 Step forward on R, pivot 1/2 left hooking L foot over R leg

Begin Again.

Restart: On 5th pattern, starting on front wall, there is a 16 count instrumental pattern.

Dance the first 16 count through slow 1/2 pivot and restart on back (6:00 wall) as the singing resumes.

Pattern: 32, 32, 32, 32, 16, 32 till the end. keedance@juno.com, www.tucsondancer.com