

Nothin Without Ya (aka Matts Cha Cha)

拍数: 32 墙数: 2 级数: Beginner
编舞者: Matt Oakley (UK)
音乐: I'm Not Gonna Do Anything Without You - Mark Wills



Or Music: My Heart is lost to you by Brooks & Dunn

Fwd Break on R, Side chasse, Rock Rocover, Side-Together-1/4 R.

1,2,3 Step RF to R side (1), Rock fwd on LF (2), Replace weight to RF (3)
4&5 Step LF to L side (4), Step RF to L (&), Step LF to L side (5)
6,7 Rock back on RF (6), Recover weight fwd to LF (7)
8&1 Step RF to R side (8), Step LF to R (&), Step RF ¼ R (1)

Cuban Breaks

2&3 Cross Rock LF over R (2), Replace weight to RF (&) Step LF to L side (3)
4&5 Repeat on RF
6&7 Repeat on LF
8&1 Cross rock RF over L (8), Replace weight to lf (&) Step RF ¼ R (1)

Step Pivot, Fwd cha-cha-cha, Rock Recover, Walk back R & L

2,3 Step LF fwd (2), Recover weight fwd to LF (3)
4&5 Step LF fwd (4), Step RF to L (3rd position) (&), Step LF fwd (5)
6,7 Rock fwd on RF (6), Recover weight back to LF (7)
8,1 Step RF back (8), Step LF back (1)

Rock Back Recover, Fwd cha-cha-cha, ¾ Turn R, Step Side,

2,3 Rock back on RF (2), Recover weight fwd to LF (3)
4&5 Step RF fwd (4), Step LF to R (3rd Position) (&), Step RF fwd (5)
6,7 Step LF fwd (6), Turn ¾ R ending with feet crossed & weight on R (7)
8 Rock LF to L side (8)

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