

Diggin'

拍数: 32 墙数: 2 级数: Improver
编舞者: Bodil Lilholt Kristensen (DK) - February 2007
音乐: Diggin' Up Bones - Randy Travis : (CD: The Very Best of Randy Travis)



Start on the word "night"

Dig x 2 right foot forward, Coaster Step, Dig x 2 left foot forward, Coaster Step.

1 ? 2 Dig right forward twice
3 & 4 Step back right, Step left beside right, Step forward right.
5 ? 6 Dig left forward twice
7 & 8 Step back on left, Step right beside left, Step forward left.

Shuffle forward right, Rock Step, Shuffle ½ turn left, Pivot ½ turn left.

1 & 2 Step forward right, Step left beside right, Step forward right
3 ? 4 Rock forward left, Recover on right.
5 & 6 Step back on left turning ¼ to the left, Step right beside left, Step ¼ turn to the left.
7 ? 8 Step forward right, ½ turn left.

Side, Behind, Heel, Cross Right, Side, Behind. Heel, Cross left.

1 ? 2 Step right to the right, Step left behind right,
&3&4 Step right beside left, Point left heel forward, Step left beside right, Cross right over left.
5 ? 6 Step left to the left, Step right behind left.
&7&8 Step left beside right, Point right heel forward, Step right beside left, Cross left over right

2 x ¼ Paddle turn left, Jazz box,

1 ? 2 Step forward right, Turn ¼ to the left
3 ? 4 Step forward right, Turn ¼ to the left.
5 ? 6 Cross right over left, Step back on left.
7 ? 8 Step right to the right, Step left beside right.

TAG: at the END of 3rd wall:

1 & Point right to the right, step right beside left,
2 & Point left to the left, step left beside right
3 & Touch right heel forward, step right beside left,
4 & Touch left toe beside right, step left in place

RESTART: AFTER the 2 Paddle turns on the 5th wall

It?s a nice slow dance