

Lost You

拍数: 32 墙数: 2 级数: Improver
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音乐: Today I've Lost You - Take That : (CD: Ultimate Collection)



Start after 32 counts

2 Walks, rocking chair, step pivot 1/2 turn, 1/2 turn shuffle back

1-2 Step forward right, step forward left
3&4& Rock right forward, recover, rock right back , recover
5-6 Step right forward, pivot 1/2 turn left
7&8 Step right back turning 1/4 left, close left to right, step right back 1/4 turn left

Together, toe switches, & cross, hold, vaudeville left & right

&1 Step left beside right, point right toe forward
&2& Step right beside left, point left toe forward, step beside right
3-4 Cross step right over left, hold
&5 Step left to side, step right behind
&6 Step left slightly back, touch right heel forward
&7 Step right beside left, cross step left over right
&8& Step right slightly back, touch left heel forward, step left beside right

Side, hold & together, sways R, L, 1/4 turn shuffle, forward rock

1-2 Step right to side, hold
&3-4 Step left beside right, step right to side sway hips, sway hips left
5&6 Make 1/4 turn right stepping right forward, close left to right, step right forward
7-8 Rock left forward, recover

Triple 3/4 turn, kick ball change, 2 skate, rock & touch

1&2 Step left 1/4 turn left close right to left, step left 1/2 turn left
3&4 Kick right forward, step right beside, step left in place
5-6 Skate forward right, skate forward left
7&8 Rock right to side, recover, touch right beside left
