Fun Fun Fun

拍数: 56

级数: Improver

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音乐: You Never Can Tell - Aaron Neville

Toe Struts

1-2 Step right toe fo	ward. Drop heel taking weight.
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- 3-4 Step left toe forward. Drop heel taking weight,
- 5-6 Step right toe forward. Drop heel taking weight.
- 7-8 Step left toe forward. Drop heel taking weight.

Step, Heel Taps, Step, Heel Taps

- 1-4Step right foot diagonally forward, tap right heel 3 times, put weight on right foot on 3rd tap.Option:lean to right as you tap heel, bring right hand up in front of face and brush 2 fingers
 - (pointer and middle fingers spread apart) across face. Palm out or in.
- 5-8 Step left foot diagonally forward, tap left heel 3 times, put weight on left foot on 3rd tap.
- Option: lean to left as you tap heel , bring left hand up in front of face and brush 2 fingers
 - (pointer and middle fingers spread apart) across face. Palm out or in.

Step, 1/4 Turn Left, Shuffle, 1/2 Turn Right, Shuffle

- 1-2 Step forward on right, pivot 1/4 turn left.
- 3&4 Shuffle right, left, right.
- 5-6 Step forward on left, pivot ½ turn right.
- 7&8 Shuffle forward left, right, left.

Boogie Walks, Heel Splits

- 1 Step slightly forward on right swivelling on ball of right foot so heel turns slightly out.
- 2. Step slightly forward on left swivelling on ball of left foot so heel turns slightly out.
- 3. Step slightly forward on right swivelling on ball of right foot so heel turns slightly out.
- 4. Step slightly forward on left swivelling on ball of left foot so heel turns slightly out.(plant weight on left foot)
- 5-6 Feet together, put weight on toes and fan heels out, return heels to center.
- 7-8 Feet together, put weight on toes and fan heels out, return heels to center.

Heel Bounces, Jumps

- 1-4 Feet together, bounce heels up and down 4 times.
- 5&6 Jump forward on right, bring left beside right, clap.
- 7&8 Jump back on right, bring left beside right, clap.

Hip Bumps, Hip Roll

- 1-2 Bump hips right 2 times.
- 3-4 Bump hips left 2 times.
- 5-8 Roll hips right, left, right, left.

Twist

- 1-4 Lean back on right foot, move hips right, left, right, left, while moving arms bent at elbow side to side.
- 5-8 Lean forward left foot, move hips right, left, right, left, while moving arms bent at elbow side to side.

START OVER, Have lots of (FUN FUN FUN)





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墙数: 1