

# Sweet Escape

COPPERKNOB  
BY STEPHEN HETS

拍数: 96      墙数: 2      级数: Intermediate  
编舞者: Alison Carrington (UK) & The Crew (UK) - March 2007  
音乐: The Sweet Escape (feat. Akon) - Gwen Stefani



**INTRO- WAIT FOR 32 COUNTS - DANCE BEGINS WITH THE TAG & ENDS WITH THE TAG**  
**SEQUENCE: TAG , SECTION 1 TO 6, TAG, SECTION 1 TO 6, SECTION 1 TO 2, TAG, SECTION 2 TO 6.**  
**TAG, TAG, TAG TILL THE SONG FINISHES**

## TAG

**Slide right & touch, hip bumps, slide left & touch, hip bumps, full turns right & left**

1,2,3&4      Take a big step to right on right & slide left to right, then hip bump left & right  
5,6,7&8      Take a big step to left on left & slide right to left, then hip bump right & left  
9,10,11,12      Make a full turn to right on right, left, right & touch left beside right & click  
13,14,15,16      Make a full turn to left on left, right, left & touch right beside left & click  
17 - 32      **REPEAT TAG AGAIN**

**SECTION 1      Step, behind, heel & cross, step, touch & chasse, touch, touch, sailor 1/2, touch, touch, sailor 1/4**

1,2,3&4      Step right to right, step left behind right, dig right heel forward, bring right to left & cross left over right  
5,6,7&8      Step right to right, touch left beside right, step left to left, step right beside left, step left to left  
9,10,11&12      Touch right forward, touch right to right side, make 1/2 sailor turn right on right, left, right  
13,14,15&16      Touch left forward, touch left to left side, make 1/4 sailor turn left on left, right, left

**SECTION 2      Right kick, ball, change x 2, rock forward, back & shuffle back, walk back & unwind 1/4, kick ball change x 2**

1&2, 3&4      Kick right forward, step on ball of right, step on left, kick right forward, step on ball of right, step on left  
5,6,7&8      Rock forward on right, rock back on left, shuffle back on right, left, right  
9,10,11,12      Walk back on left, walk back right, take left behind right & unwind 1/4 turn left  
13&14,15&16      Kick right forward, step on ball of right, step on left, kick right forward, step on ball of right, step on left

**SECTION 3      Fwd right, lock,right,lock right,fwd left, lock,left,lock,left, step back & touch & click x 4**

1,2,3&4      Step forward right, bring left behind right, step right forward, bring left behind right, step forward right  
5,6,7&8      Step forward left, bring right behind left, step left forward, bring right behind left, step forward left  
9,10,11,12      Step back on right & touch left to right & click, step back on left & touch right to left & click  
13,14,15,16      Step back on right & touch left to right & click, step back on left & touch right to left & click

**SECTION 4      REPEAT SECTION 3**

**SECTION 5      Touch, touch, cross shuffle, 4 x hip sways, touch, touch, cross shuffle, 4 x hip sways**

1,2,3&4      Touch right toe over left, touch right toe to right side, cross shuffle to left on right, left, right  
5,6,7,8      Hip sway left, right, left, right  
9,10,11&12      Touch left toe over right, touch left toe to left side, cross shuffle to right on left, right, left  
13,14,15,16      Hip sway right, left, right, left

**SECTION 6      Kick, cross, kick, back & click x 3 alternate, bounce heels x 4 making 1/2 turn to left**

1,2,3,4      Kick right forward, cross right over left & click, kick right forward, step back on right & click  
5,6,7,8      Kick left forward, cross left over right & click, kick left forward, step back on left & click  
9,10,11,12      Kick right forward, cross right over left & click, kick right forward, step back on right & click  
13,14,15,16      Bounce on both heels x 4 as make 1/2 turn to left (weight on left)

