

Sweet Escape

COPPERKNOB
BY STEPHEN HETS

拍数: 96 墙数: 2 级数: Intermediate
编舞者: Alison Carrington (UK) & The Crew (UK) - March 2007
音乐: The Sweet Escape (feat. Akon) - Gwen Stefani



INTRO- WAIT FOR 32 COUNTS - DANCE BEGINS WITH THE TAG & ENDS WITH THE TAG
SEQUENCE: TAG , SECTION 1 TO 6, TAG, SECTION 1 TO 6, SECTION 1 TO 2, TAG, SECTION 2 TO 6.
TAG, TAG, TAG TILL THE SONG FINISHES

TAG

Slide right & touch, hip bumps, slide left & touch, hip bumps, full turns right & left

1,2,3&4 Take a big step to right on right & slide left to right, then hip bump left & right
5,6,7&8 Take a big step to left on left & slide right to left, then hip bump right & left
9,10,11,12 Make a full turn to right on right, left, right & touch left beside right & click
13,14,15,16 Make a full turn to left on left, right, left & touch right beside left & click
17 - 32 **REPEAT TAG AGAIN**

SECTION 1 Step, behind, heel & cross, step, touch & chasse, touch, touch, sailor 1/2, touch, touch, sailor 1/4

1,2,3&4 Step right to right, step left behind right, dig right heel forward, bring right to left & cross left over right
5,6,7&8 Step right to right, touch left beside right, step left to left, step right beside left, step left to left
9,10,11&12 Touch right forward, touch right to right side, make 1/2 sailor turn right on right, left, right
13,14,15&16 Touch left forward, touch left to left side, make 1/4 sailor turn left on left, right, left

SECTION 2 Right kick, ball, change x 2, rock forward, back & shuffle back, walk back & unwind 1/4, kick ball change x 2

1&2, 3&4 Kick right forward, step on ball of right, step on left, kick right forward, step on ball of right, step on left
5,6,7&8 Rock forward on right, rock back on left, shuffle back on right, left, right
9,10,11,12 Walk back on left, walk back right, take left behind right & unwind 1/4 turn left
13&14,15&16 Kick right forward, step on ball of right, step on left, kick right forward, step on ball of right, step on left

SECTION 3 Fwd right, lock,right,lock right,fwd left, lock,left,lock,left, step back & touch & click x 4

1,2,3&4 Step forward right, bring left behind right, step right forward, bring left behind right, step forward right
5,6,7&8 Step forward left, bring right behind left, step left forward, bring right behind left, step forward left
9,10,11,12 Step back on right & touch left to right & click, step back on left & touch right to left & click
13,14,15,16 Step back on right & touch left to right & click, step back on left & touch right to left & click

SECTION 4 REPEAT SECTION 3

SECTION 5 Touch, touch, cross shuffle, 4 x hip sways, touch, touch, cross shuffle, 4 x hip sways

1,2,3&4 Touch right toe over left, touch right toe to right side, cross shuffle to left on right, left, right
5,6,7,8 Hip sway left, right, left, right
9,10,11&12 Touch left toe over right, touch left toe to left side, cross shuffle to right on left, right, left
13,14,15,16 Hip sway right, left, right, left

SECTION 6 Kick, cross, kick, back & click x 3 alternate, bounce heels x 4 making 1/2 turn to left

1,2,3,4 Kick right forward, cross right over left & click, kick right forward, step back on right & click
5,6,7,8 Kick left forward, cross left over right & click, kick left forward, step back on left & click
9,10,11,12 Kick right forward, cross right over left & click, kick right forward, step back on right & click
13,14,15,16 Bounce on both heels x 4 as make 1/2 turn to left (weight on left)

