

She Worken Hard

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Colleen Archer (AUS) - April 2007
音乐: She Worked Hard For The Money - Young Divas : (Album: Young Divas)



Intro: 16 counts

ROCK FWD, BACK, SHUFFLE BACK, ROCK BACK, FWD, WALK L R

1,2 Step R forward, Rock back on L
3&4 Shuffle back stepping R L R
5,6 Step L back, Rock forward onto R
7,8 Walk forward stepping L R (12)

STEP SIDE, CROSS BEHIND, TURN ¼ & TOUCH, TOUCH SIDE, TOGETHER, SIDE, TOGETHER

1,2 Step L to left side, Step R behind
3,4 Turn ¼ left and step L forward, Touch R beside L
5,6 Touch R out to right side, Touch R beside L
7,8 Touch R out to right side, Touch R beside L (9)

STEP SIDE, CROSS FWD, SIDE, HEEL FWD, STEP TOGETHER, HEEL FWD, STEP FWD, ½ TURN

1,2 Step R to right side, Step L across in front of R
3,4 Step R to right side, Touch L heel forward to left diagonal
5,6 Step L to centre, Touch R heel forward to right diagonal
7,8 ** Step R forward, Turn ½ left taking weight onto L (3)

STEP FWD, TOUCH & CLAP, STEP FWD, TOUCH & CLAP, STEP OUT, OUT, STEP BACK, TOGETHER

1,2 Step R forward to right diagonal, Touch L beside R and clap
3,4 Step L forward to left diagonal, Touch R beside L and clap
5,6 Step R forward to right diagonal, Step L forward to left diagonal
7,8 Step R back to centre, Step L back beside R (3)

Begin dance again?.

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