

To Be No 1

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Virginia W. F. Tsui (CAN) - June 2018
音乐: To Be Number One (Radio Edition) - DJ Dream Team : (The Official Anthem Of Italia 90)



Start on 31 count, step right foot to right, and making ¼ turn right (3:00)

LEAN RIGHT & LEFT, HOLD, CROSS, UNWINDING ¾ R TURN

1 -2 Lean to right, hold
3- 4 Lean to left, hold
& 5 Step right foot next to left, step left over right.
6-8 unwind ¾ turn right (weight on left) (12:00)

KICK BALL CHANGE TWICE, FWD ROCK, ¼ R TURN, SIDE TOGETHER SIDE

1&2 Kick right foot fwd, step right in place next to left, step left next to right.
3&4 Kick right foot fwd, step right in place next to left, step left next to right.
5-6 Rock right foot fwd, step left in place, ¼ R turn.
7&8 Step right foot to right side, step left next to right, step right to right side.

(SIDE TOUCH, HITCH, SIDE TOUCH, HOLD) X2

1-2 Touch left foot diagonal to left, hitch on left. (4:00)
3-4 Touch left foot diagonal to left, hold.
5-6 ¼ L turn, touch right foot diagonal to right, hitch on right. (1:00)
7-8 Touch right foot diagonal to right, hold. (arms down, hands cross & split out)

(PADDLE TURN ¼ L) X3, PADDLE TURN 1/8 L

1-2 Touch right foot to right and making ¼ L turn on left.
3-4 Touch right foot to right and making ¼ L turn on left.
5-6 Touch right foot to right and making ¼ L turn on left.
7-8 Touch right foot to right and making 1/8 L turn on left. (3:00)(hands up & make circle clockwise)

SAILOR STEP TWICE, SCUFF, STEP , TOGETHER, LONG STEP, TOGETHER

1&2 Step right foot behind left, step left to left, step right to right.
3&4 Step left foot behind right, step right to right, step left to left.
5-6& Scuff on right, step down on to right, step left next to right.
7-8 Long step to right, step left next to right.

(HEEL JACK, ¼ R TURN) X2, LEAN RIGHT & LEFT. HOLD

1-2 Step Back on right, left heel fwd, making ¼ right turn with both feet.
3-4 Step Back on right, left heel fwd, making ¼ right turn with both feet.
5-6 Lean to right, hold (both hands on thighs, right shoulder up)
7-8 Lean to left, hold (both hands on thighs, left shoulder up) (9:00)

¼ L TURN, KICK FWD, ½ R TURN, KICK FWD. TOGETHER, FWD, TOGETHER, FWD, TOGETHER

1-2 Step on right making ¼ left turn, kick fwd on left (push hands up)
3-4 Step on left making ½ right turn, kick fwd on right (push hands up)
&56 Step right next to left, step fwd on left, step right next to left.
7 8 Step fwd on left, step right next to left. (12:00)

JUMP OUT HOLD, IN HOLD, JUMP OUT, IN, OUT, IN

1-2 Jump both feet apart, hold.

- 3-4 Jump both feet in, hold.
- 5-6 Jump both feet apart. Jump both feet together (hands fisted, arms to sideways and bring arms back in to body).
- 7-8 Jump right feet fwd, left foot backward. Jump both feet together (hands fisted, right arms fwd, left arm backward and bring arms back into body).

Tag: After Wall 1(face 12:00) make a full monterey turn

- 1-4 Touch right to right side, $\frac{1}{2}$ R turn on right, touch left to left side, step left next to right.
- 5-8 Repeat 1-4

Ending: After wall 9 (face 12.00) full turn right & left

- 1-4 Step right to right & making a $\frac{1}{4}$ R turn. Step fwd on left & making a $\frac{1}{2}$ R turn. Step right to right side and $\frac{1}{4}$ R turn, touch on left.
- 5-8 Step left to left & making a $\frac{1}{4}$ L turn. Step fwd on right & making a $\frac{1}{2}$ L turn. Step left to left side and $\frac{1}{4}$ L turn, touch on right

ENJOY!!!

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