

Settin'

拍数: 56 墙数: 2 级数: Improver
编舞者: Junior Willis (USA) - March 2007
音乐: Settin' - Sugarland



Start: 32 counts into music (at vocals)

Kick, Cross, Touch, Kick, Cross, Touch, Jazz Box w/ ¼ Turn

1&2 Kick R forward, cross step R over L, touch L out to L
3&4 Kick L forward, cross step L over R, touch R out to R
5-8 Cross step R over L, step back on L, step R out to R with ¼ turn to R, step L next to R (3:00)

Hip Bumps, Hip Bumps, Sailor, Sailor

1&2 Step R slightly forward and bump hips forward, back, forward
3&4 Step L slightly forward and bump hips forward, back, forward
5&6 Sailor on R (step R behind L, step L slightly out to L, step R next to L)
7&8 Sailor on L (step L behind R, step R slightly out to R, step L next to R)

Kick-ball-change, Kick-ball-change, ½ Pivot, Walk, Walk

1&2 Kick R forward, place ball of R next to L, step on L
3&4 Kick R forward, place ball of R next to L, step on L
5-6 Step forward on R, pivot ½ turn over L shoulder ending with weight on L (9:00)
7-8 Walk forward R, walk forward L

Mambo Forward, Mambo Backward, V-Block Step

1&2 Step forward on R, step L in place, step R next to L
3&4 Step back on L, step R in place, step L next to R
5-6 Step R forward and to the R diagonal, step L forward and to the L diagonal
7-8 Step R back to home, step L back to home

Step, Lock, Step, Scuff, Rock, Recover, Triple ½ Turn

1-2 Step forward on R, lock step L behind R
3-4 Step forward on R, scuff L heel forward
5-6 Rock forward on L, recover on R
7&8 Turn ½ turn over L shoulder with a triple in place L-R-L (3:00)

Step, Lock, Step, Scuff, Rock, Recover, Triple ½ Turn

1-2 Step forward on R, lock step L behind R
3-4 Step forward on R, scuff L heel forward
5-6 Rock forward on L, recover on R
7&8 Turn ½ turn over L shoulder with a triple in place L-R-L (9:00)

Rock, Recover, Sailor ¼ Turn, Rock, Recover, Coaster

1-2 Rock out to R on R, recover on L
3&4 Sailor ¼ turn L (step R behind L, step L out to L making a ¼ turn to L, step R next to L)
5-6 Rock forward on L, recover on R
7&8 Coaster L-R-L (step back on L, step back on R, step forward on L)

Begin Again

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