

# Hit Me

拍数: 32      墙数: 4      级数: Beginner  
编舞者: David J. McDonagh (WLS) - February 1999  
音乐: Baby One More Time - Britney Spears



## SIDE SHUFFLE, CROSS SHUFFLE, ROCK STEPS

1&2      Step right to right side, step left beside right, step right to right side  
3&4      Cross left over right, step right to right side, cross left over right  
5&6      Step right to right side, rock to left side, rock to right side  
&7&8      Rock to left side, rock to right side, rock to left side, rock to right side

## SIDE SHUFFLE, CROSS SHUFFLE, ROCK STEPS

9&10      Step left to left side, step right beside left, step left to left side  
11&12      Cross right over left, step left to left side, cross right over left  
13&14      Step left to left side, rock to right side, rock to left side  
&15&16      Step right to right side, rock to left side, rock to right side, rock to left side

## SHUFFLE, SYNCOPATED ROCK STEP, SHUFFLE, SYNCOPATED ROCK STEP

17&18      Step right forward, step left beside right, step right forward  
19&20      Step left forward, rock back onto right, step left back  
21&22      Step right back, step left beside right, step right back  
23&24      Step left back, rock forward onto right, step left forward

## 1/4 TURN TOUCH, SIDE TOUCH, SYNCOPATED VINE RIGHT

25-26      Turn a 1/4 turn left stepping right to right side, touch left beside right clicking fingers  
27-28      Step left to left side, touch right beside left clicking fingers  
&29      Step right beside left, cross left over right  
&30      Step right beside left, cross left behind right  
&31      Step right beside left, cross left over right  
&32      Step right beside left, step left beside right.

## REPEAT

## ADVANCED DANCERS ALTERNATIVE STEPS

5&      Point right to right side, raise/hitch right knee turning an 1/8th to the left  
6-8      Repeat counts 5& another 3 times (in total you have done a full turn left)

13&      Point left to left side, raise/hitch left knee turning an 1/8th to the right  
14-16      Repeat counts 13& another 3 times (in total you have done a full turn right)

19-20      Step left forward, do a forward body roll over 2 counts rolling from front of left leg  
23-24      Step left back, do a reversed body roll over 2 counts rolling from back of left leg.