

Breathe (2 Am)

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Linda Burgess (AUS) - July 2007
音乐: Breathe (2AM) - Anna Nalick



FORWARD SWEEP, FORWARD SWEEP

1-2-3 Step right forward, sweep left back to front over 2 counts
4-5-6 Step left forward, sweep right back to front over 2 counts

FORWARD ROCK, RECOVER, ½ STEP, STEP FULL TURN HOOK

1-2-3 Rock right forward, recover to left, turn ½ right & step right forward
4-5-6 Step left forward, hook right behind left, turn a full turn right

CROSS, SIDE, RECOVER, CROSS, SWEEP AROUND

1-2-3 Cross right over left, rock left to side, recover to right
4-5-6 Cross left over right, sweep right back to side over 2 counts

CROSS, ¼ BACK, ¼ SIDE, LEFT SIDE, DRAG, DRAG

1-2-3 Cross right over left, turn ¼ right and step back left, turn ¼ right and step right to side
4-5-6 Big step left, drag right toward left over 2 counts

BEHIND, ¼ FORWARD, ½ BACK, BACK, TOUCH, HOLD

1-2-3 Cross right behind left, turn ¼ left and step left forward, turn ½ left and step right back
4-5-6 Step left back, touch right together, hold

WALTZ FORWARD TURNING ½ RIGHT, WALTZ BACK TURNING ½ RIGHT

1-2-3 Step right forward, turn ½ right and step left together, step right together
4-5-6 Step left back, turn ½ right and step right together, step left together

FORWARD, TOUCH, HOLD, BACK, TOUCH, HOLD

1-2-3 Step right forward, touch left to side, hold
4-5-6 Step left back, touch right to side, hold

TURN ½, STEP, PIVOT ½ RIGHT

1-2-3 Step right back, turn ½ right and step left together, step right forward
4-5-6 Step left forward, turn ½ right over 2 counts (weight to left)

REPEAT

TAG: Wall 2 & 6 facing back, wall 8 facing front, & wall 11 facing 9:00

1-2-3 Step right forward, drag left toward right over 2 counts
4-5-6 Step left back, drag right toward left over 2 counts

FINISH: Dance counts 1-45, then turn ¼ right & step left to side while dragging right to left

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