

Better Than This

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Andy Ashworth (UK) - June 2007
音乐: Better Than This - Brad Paisley : (Album: 5th Gear)



16 Count Intro

R Kick Ball Change, Rock R Forward, R Shuffle Back, Rock L Back.

1&2 Kick R Forward (1), Step R Beside L (&), Step L To Place (2).
3-4 Rock R Forward (3), Recover Onto L (4),
5&6 Step R Back (5), Close L Beside R (&), Step R Back (6).
7-8 Rock L Back (7), Recover Onto R (8).

Step Forward L, ½ Turn R, L Shuffle Forward, R Rock Forward, R Coaster Step.

1-2 Step L Forward (1), Pivot ½ Turn R (2).
3&4 Step L Forward (3), Close R Beside L (&), Step L Forward (4).

Restart :See Footnote

5-6 Rock R Forward (5), Recover Onto L (6).
7&8 Step R Back (7), Step L Beside R (&), Step R Forward (8).

L Side Rock, Cross Side Cross, R Side Rock, Cross Side Cross.

1-2 Rock L To L Side (1), Recover Onto R (2).
3&4 Cross L Over R (3), Step R To R Side (&), Cross L Over R (4).
5-6 Rock R To R Side (5), Recover Onto L (6).
7&8 Cross R Over L (7), Step L To Side (&), Cross R Over L (8).

½ Turn R, Cross Rock, ¾ Turn L, L Coaster Step.

1-2 ¼ Turn R Stepping Back On L (1), ¼ Turn R Stepping R To Side (2).
3-4 Cross Rock L Over R (3), Recover Onto R (4).
5-6 Step L To Side Making A ¼ Turn L (5), Make 1/2 Turn L Stepping Back On R (6).
7&8 Step L Back (7), Step R Beside L (&), Step L Forward (8).

RESTART:

During 5th wall, Facing 6 o'clock Restart dance from beginning,

During 11th wall Facing 3 o'clock Restart dance from beginning.

ENDING: You can end facing front if you wish by replacing ½ turn R with ¾ turn R