

# Had It And Lost It

拍数: 32      墙数: 4      级数: Intermediate  
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音乐: A Woman's Love - Alan Jackson



32 count intro.

**Cross, Sweep, Cross, Back ¼ Turn, triple whole turn, Chasse, step side.**

- &1-2&3-4      Cross right over left, Sweep left foot round and cross left over right, step back on right and side on left making ¼ turn left. Step side on right making ¼ turn right.
- &5-6&7- 8      Step side on left making ½ turn right, step side on right making ¼ turn right, Step side on left, close right to left, step side on left, swaying hips to left. Step side on right, swaying hips to right.

**Together and Point, Half point, Cross unwind, behind side rock step and rock step**

- &1-2-3 4&      Step left next to right and point right toe to side. Pivot ½ turn right and point right to side. Cross right over left and unwind a whole turn left sweeping left foot out to side. Cross left behind right, step side on right
- 5-6&7-8      Cross rock left over right, back on right and step side left, cross rock right over left and rock back on right.

**Cross Step, Rock ¼ cross, Prep Cross step, Whole turn, Rock Step, Shuffle back.**

- &1-2&3-4      Step side on right and cross left over right, Rock side on right back on left making ¼ turn left and cross right over left, step forward on left crossing left over left,
- 5&6&7&8      Step forward on right making ½ turn left, step back on left making ½ turn left. Rock forward on right back on left and shuffle back R, L, R.

**Rock ¼ Cross, Rock Step Cross, Mambo Half turn, Whole turn, Shuffle.**

- 1&2-3&4      Rock back on left making ¼ turn left, back onto right and cross left over right. Rock side on right, back on left and cross right over left.
- 5&6&7&8      Rock forward on left. Rock back on right making ½ turn left and step forward on left. Step forward on right and make a whole turn over left shoulder and shuffle forward Left, Right, Left.

**HAPPY DANCING**

HINTS ? Very Tricky Count this one.