

Loud!

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Loud - Big & Rich



48 count intro

Or Music: Say It Right by Nelly Furtado

Step L back, snap, ¼ R coasterstep, R ½ pivot, L lockstep forward

1, 2 Step left back. Hold and snap fingers on right hand, look right
3&4 Sweep right and step right behind left turning ¼ right. Step left beside right. Step right forward.
5, 6 Step left forward. Pivot turn ½ right.
7&8 Step left forward. Lock right behind left. Step left forward

R kick ball cross x2, Step R ¼ turn R, full turn R, step L forward, slide R, close

1&2 Kick R diagonally. Step right beside left. Cross left over right.
3&4 Repeat count 1&2
5 Turn ¼ right stepping right forward
6, 7 ½ turn right stepping left back. ½ turn right stepping right forward
8 Slide left beside right and take weight

R modified heel jack, Hitch, L coaster step, R step forward -turn ¼ R, L touch, L behind, R out, L out

&1, 2 Step back right. Left heel diagonally forward. Left hitch (with arms forward pushing away)
3&4 Step left back. Step right beside left. Step left forward
5, 6 Step right forward. ¼ turn right touching left beside right with knee bent.
7&8 Step left behind. Step right out. Step left out.

Jump in R, L, Clap, jump out R,L, Clap, R heel forward, Close, L Toe back, Close, R heel forward, Shoulder crunches. R beside L

&1, 2 Jump feet together (right, left)-backwards, Hold and clap
&3, 4 Jump both feet out (right, left) -backwards,. Hold and clap
5&6& Right heel forward diagonally. Right beside left. Left toe backwards (knee bent). Left beside right.
7&8 Right heel forward diagonally. Hold with Shoulder crunches.*.
& Right beside left

*Shoulder crunches: Both shoulders forward-back (&8)

No tags. No restarts. Just start over and over? and over? and over again