

# Mama

拍数: 64                      墙数: 4                      级数: Beginner  
编舞者: Andy Chumbley (USA) - July 2007  
音乐: Mama - Miko Marks : (CD: New Country Vol 32 or Freeway Bound)



16 count intro or if using CD Freeway Bound there is a 32 count intro

## FORWARD LOCKSTEPS X 2

1-2                      Step forward on right to right diagonal, step left behind right  
3-4                      Step forward on right to right diagonal, brush left forward  
5-6                      Step forward on left to left diagonal, step right behind left  
7-8                      Step forward on left to left diagonal, brush right forward (12:00)

## 1/4 TURN RIGHT, WEAWE TO RIGHT

1-2                      Cross right over left, turn 1/4 turn right stepping back on left  
3-4                      Step right to right, cross left over right  
5-6                      Step right to right, step left behind right  
7-8                      Step right to right, cross left over right (3:00)

## 1/2 TURN LEFT, FORWARD SHUFFLES, SWAY

1-2                      Turn 1/4 turn left stepping back on right, turn 1/4 turn left stepping left to left  
3&4                      Step right forward, step left next to right, step right forward  
5&6                      Step left forward, step right next to left, step left forward  
7-8                      Stepping forward diagonally on right sway hips right, left (weight on left) (9:00)

## VINE RIGHT, VINE LEFT, 1/4 TURN LEFT

1-2                      Step right to right, step left behind right  
3-4                      Step right to right, touch left beside right  
5-6                      Step left to left, step right behind  
7-8                      Step left 1/4 turn to left, touch right next to left (6:00)

## FORWARD LOCKSTEPS X 2

1-2                      Step forward on right to right diagonal, step left behind right  
3-4                      Step forward on right to right diagonal, brush left forward  
5-6                      Step forward on left to left diagonal, step right behind left  
7-8                      Step forward on left to left diagonal, brush right forward (6:00)

## ROCK RECOVER, LOCKSTEP BACK, WALK, WALK

1-2                      Rock forward on right, recover on left  
3&4                      Step back on right, cross left over right, step back on right  
5-6                      Rock back on left, recover on right  
7-8                      Step forward on left, step forward on right (6:00)

## 1/2 TURN RIGHT, SHUFFLE, STEP TOUCHES X 2

1-2                      Step forward on left, turn 1/2 turn right stepping forward on right  
3&4                      Step forward on left, step right next to left, step forward on left  
5-6                      Step right to right diagonal, touch left next to right  
7-8                      Step left to back diagonal, touch right next to left (12:00)

## 1/4 TURN VINE TO RIGHT, SIDE STEP, ROCK CROSS

1-2                      Step right to right, step left behind right  
3-4                      Step right 1/4 turn right, touch left next to right  
5-6                      Step left to left, hold  
7-8                      Step right back slightly, cross left over right (3:00)

