

Jungle Ways

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Bill Ray (USA) & Violet Ray (USA) - July 2007
音乐: Change His Ways - Robert Palmer : (CD: Heavy Nova)



1/4 MONTERREY TURNS (2X)

1 - 2 Point R foot out to right side, Step R foot next to L foot while turning 1/4 right (3:00)
3 - 4 Point L foot out to left side, Step L foot next to R foot
5 - 6 Point R foot out to right side, Step R foot next to L foot while turning 1/4 right (6:00)
7 - 8 Point L foot out to left side, Step L foot next to R foot

RIGHT CHASSE', ROCK, RECOVER, LEFT CHASSE', ROCK, RECOVER

1&2 Step R foot to right side, Step L foot next to R foot, Step R foot to right side
3 - 4 Rock back on L foot, Recover weight on R foot
5&6 Step L foot to left side, Step R foot next to L foot, Step L foot to left side
7 - 8 Rock back on R foot, Recover weight on L foot

HEEL- BALL 1/4 TURN (3X), HEEL-BALL CHANGE

1&2 Tap R heel forward, Step ball of R foot next to L foot, Turn 1/4 left stepping on L foot (3:00)
3&4 Tap R heel forward, Step ball of R foot next to L foot, Turn 1/4 left stepping on L foot (12:00)
5&6 Tap R heel forward, Step ball of R foot next to L foot, Turn 1/4 left stepping on L foot (9:00)
7&8 Tap R heel forward, Step ball of R foot next to L foot, Step L foot next to R foot

RUMBA BOX

1 - 2 Step R foot to right side, Step L foot next to R foot
3 - 4 Step back on R foot, Hold
5 - 6 Step L foot to left side, Step R foot next to L foot
7 - 8 Step forward on L foot, Hold

REPEAT

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