

Ooh Miss Grace

拍数: 32 墙数: 4 级数: Improver
编舞者: Alan Haywood (UK) - July 2007
音乐: Ms. Grace - The Tymes : (Album: The Tymes Greatest Hits)



Intro: 24 counts from 1st drum beat (total 40 seconds)

Or Music: "Restless" by Shelby Lynne from the Linedance Fever 16 ? 143bpm
"Let Your Love Flow" by The Bellamy Brothers from various albums ? 115bpm
"Long Trail of Tears" by George Ducas from Most Awesome 10 album ? 113bpm Or, as
always, your favourite tune will almost be guaranteed to fit this dance!

Section 1 R side, hold, & side rock recover, R behind, ¼ L, walk R L
1-2 Step right to right side, hold for 1 count
&3-4 Step left next to right, rock right to right side, recover weight onto left
5-6 Cross step right behind left, step left ¼ left
7-8 Walk forward right, left

Section 2 R forward, ½ L, R forward shuffle, rock, recover, L coaster
1-2 Step forward onto right, pivot ½ turn left
3&4 Step forward onto right, close left next to right, step forward onto right
5-6 Rock forward onto left, recover weight back onto right
7&8 Step back onto left, step right next to left, step forward onto left

Section 3 R jazz box, ¼ monterey R, R jazz box, ¼ monterey R
1-2 Cross step right over left, step back onto left
3-4 Step right to right side, step forward onto left
5-6 Point right to right side, ¼ turn right stepping onto right
7-8 Point left to left side, step left next to right

Section 4 Rock forward R, recover L, R back shuffle, rock back L, recover R, ¼ R, touch R
1-2 Rock forward onto right, recover weight back onto left
3&4 Step back onto right, close left next to right, step back onto right
5-6 Rock back onto left, recover weight forward onto right
7-8 Making a ¼ turn right step left to left side, touch right next to left

END OF DANCE ? ENJOY AND SING ALONG!!!!

[EMail](#) / [Website](#)