

# Now And Then

拍数: 64                      墙数: 2                      级数: Intermediate  
编舞者: Jill Baker (CAN) - June 2007  
音乐: A Fool Such As I - Anne Murray



## SIDE BEHIND, BALL CROSS, STEP, PENDULUMS, FLICK

1-2                      Step right to side, cross left behind right  
&3-4                      Step right together, cross left over right, step right together  
5&6&                      Touch left toe to side, drop left heel, touch right toe to side, drop right heel  
7&8                      Touch left toe to side, drop left heel, flick right back

## ROCK RECOVER, TRIPLE TURN ½, CROSS SHUFFLE, ROCK RECOVER

1-2                      Rock right forward, recover to left  
3&4                      Triple in place ½ right stepping right, left, right  
5&6                      Cross left over right, step right to side, cross left over right  
7-8                      Rock right to side, recover to left

## FRONT WEAVE, RONDE, BEHIND SIDE, STEP, SCUFF

1-2                      Cross right over left, step left to side  
3-4                      Cross right behind left, sweep left from front to back  
5-6                      Cross left behind right, step right to side  
7-8                      Step left slightly forward, scuff right

## STEP LOCK, STEP TOUCH TWICE

1-2                      Step right forward, lock left behind right  
3-4                      Step right forward, touch left together  
5-6                      Step left forward, lock right behind left  
7-8                      Step left forward, touch right together

## SOFT SHOE RIGHT SIDE

1&2                      Step right to side, cross left toe over right, step right to side  
3&4                      Step left to side, cross right toe over left, step left to side  
5&6                      Step right to side, cross left toe over right, step right to side  
&7&8                      Left toe to side, step right together, cross left toe over right, step right together

## SOFT SHOE LEFT SIDE

1&2                      Step left to side, cross right toe over left, step left to side  
3&4                      Step right to side, cross left toe over right, step right to side  
5&6                      Step left to side, cross right toe over left, step left to side  
&7&8                      Right toe to side, step left together, cross right toe over left, step left together

## FIGURE 8, COASTER STEP, STEP TOUCH

1-2-3                      Step right to side, cross left behind right, turn ¼ right and step right forward  
4-5                      Touch left toe forward, turn ¼ right  
6-7-8                      Step left to side, cross right behind left, turn ¼ left and step left forward  
  
9-10                      Touch right toe forward, turn ¼ left  
11-12                      Step right to side, cross left behind right  
13&14                      Coaster step right, left, right  
15-16                      Step left forward, touch right together

## REPEAT

[EMail](#)