

# For Once In My Life

**COPPER** KNOB  
BY STEPHEN BRETZ

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Michael Vera-Lobos (AUS) - May 2007  
音乐: For Once In My Life - Justin Guarini : (Album: Session Tracks)



## Start on Vocals

- 1 - 8**      **STEP FWD, COASTER FWD, ½ TURN L, STEP FWD & ½ PIVOT, ¼ STEP, SAILOR STEP**  
1,2&3,4      Step fwd L, Coaster fwd R Stepping Fwd on R & Step L beside R, Step back on R, turn ½ L on L (6:00)  
5&6,7&8      Step fwd R & Pivot ½ L, Turn a further ¼ L Stepping R to R side, Cross L behind R & Step R to R, Replace Weight on L (9:00)
- 9 - 16**      **STEP BACK, ½ TURN L, SIDE ROCK & REPLACE, CROSS, ¼ R, COASTER BACK, ¼ R**  
1,2,3&4      Step back on R, Turn ½ L on L, Rock R to R & Replace wt on L, Cross R over L (3:00)  
5,6&7,8      Turning ¼ R Step back on L, Coaster back on R Stepping back on R & Step L beside R, Step fwd on R (6:00), Turn a further ¼ R ending with L foot to L side (9:00)
- 17 - 24**      **BEHIND & SIDE, CROSS TOUCH, ½ UNWIND, BEHIND & SIDE, CROSS ROCK, ROCK BACK, FULL TRIPLE TURN L**  
1&2,3      Cross R behind L & Step L to L, Touch R over L (9:00) wt L, ½ Unwind L (End wt R facing 3:00)  
4&5,6      Cross L behind R & Step R to R, Cross Rock L over R, Rock back on R (3:00)  
7&8      Full triple L Stepping L,R,L (3:00)
- 25 - 32**      **SHUFFLE FWD, STEP FWD, ¼ PIVOT R, CROSS, ¼ L, TURN 1 ¼ L STEPPING L,R,L**  
1&2,3,4      Shuffle fwd R Stepping R,L,R, Step fwd L, Pivot ¼ R (End wt on R 6:00)  
5,6,7&8      Cross L over R, Turn ¼ L Stepping back on R, Turning 1 ¼ L Triple turn stepping L,R,L
- 33 - 40**      **R DOROTHY, L DOROTHY, ROCK FWD, ROCK BACK, TOE BACK, ½ TOE PIVOT BACK R**  
1,2&3,4&      Step Diagonal R fwd R, Lock L behind R & Step Diagonal R on R, Step Diagonal L on L, Lock R behind L & Step Diagonal L on L (12:00)  
5,6,7,8      Rock fwd R, Rock back on L, Touch R toe back, Unwind ½ R Keeping wt on L (End facing 6:00)
- 41 - 48**      **COASTER BACK R, STEP FWD, ¼ SWEEP L, CROSS & ¼ R, ¼ R, STEP SIDE, ½ HINGE R**  
1&2,3,4      Step back R & Step L beside R, Step fwd on R, Step fwd L, Sweep R Turning ¼ L (3:00)  
5&6,7,8      Cross R over L & Turn ¼ R on L, Turn a further ¼ R on R (9:00), Step L to L, Hinge ½ R on R (3:00)
- 49 - 56**      **SHUFFLE FWD L, STEP FWD, ½ PIVOT L, STEP FWD & TURN ½ R, TURN ¼ R, SHUFFLE FWD L**  
1&2,3,4      Shuffle fwd L Stepping L,R,L, Step fwd R, Pivot ½ L (End wt L facing 9:00)  
5&6,7&8      Travelling fwd over R Turn ¾ R Stepping R,L,R, Shuffle fwd L Stepping L,R,L (6:00)
- 57 - 64**      **COASTER FWD, STEP BACK, ½ STEP, STEP FWD, ½ PIVOT, FULL TRIPLE TURN FWD R**  
1&2,3,4      Step fwd R & Step L beside R, Step back on R, Step back on L, Turn ½ R Stepping onto R (12:00)  
5&6,7&8      Step fwd L & Pivot ½ R, Step fwd L, Full triple Spin fwd R Stepping, R,L,R (6:00)  
Optional      Shuffle

## TAG: END OF WALL 2 ADD THE FOLLOWING

- 1,2,3&4      Rock fwd L, Rock back on R, Lock back on L Stepping L,R,L  
5,6,7&8      Lock back on R Stepping R,L,R, Rock back on L, Rock fwd on R

