

Helter Skelter

拍数: 32 墙数: 1 级数: Improver
编舞者: Ayaka Momoko - June 2007
音乐: Dancin' On a Saturday Night - Barry Blue



Intro: 40 Counts (on vocals)

Pivot Turns completing full turn left (Paddle Turn)

- 1,2 Step R forward. Pivot $\frac{1}{4}$ turn L stepping L forward.
- 3,4 Step R forward. Pivot $\frac{1}{4}$ turn L stepping L forward.
- 5,6 Step R forward. Pivot $\frac{1}{4}$ turn L stepping L forward.
- 7,8 Step R forward. Pivot $\frac{1}{4}$ turn L stepping L forward.

Chasse, Rock Back Recover, Chasse, Rock Back Recover (Optional Slides)

- 1&2 Step R to R Side. Close L Next To R. Step R to R Side.
- 3,4 Cross Rock L behind R. Recover on R.
- 5&6 Step L to L Side. Close R next to L. Step L to L Side.
- 7,8 Cross rock R behind L. Recover on L.

* **Optional:** Replace counts '1&2' and '5&6' with:

- 1,2 Step R to R Side. Drag L up to R throwing arms to sides
- 5,6 Step L to L Side. Drag R up to L throwing arms to sides

Kick Ball Points x2, Body Roll x2

- 1&2 Kick R forward. Close R next to L. Point L to L side.
- 3&4 Kick L forward. Close L next to R. Point R to R side.
- 5,6 Step R to R Side Rolling body to R side. Touch L next to R.
- 7,8 Step L to L Side Rolling body to L side. Touch R next to L.

Step Hold, Shrug Bounce. Step Hold, Shrug Bounce

- 1,2 Step R to R Side. Hold.
- 3,4 Shrug shoulders up and down whilst bouncing R heel. Shrug shoulders up and down whilst bouncing R heel.
- 5,6 Step L to L Side. Hold.
- 7,8 Shrug shoulders up and down whilst bouncing L heel. Shrug shoulders up and down whilst bouncing L heel.

Start again
