

# Helter Skelter

拍数: 32      墙数: 1      级数: Improver  
编舞者: Ayaka Momoko - June 2007  
音乐: Dancin' On a Saturday Night - Barry Blue



## Intro: 40 Counts (on vocals)

### Pivot Turns completing full turn left (Paddle Turn)

1,2      Step R forward. Pivot  $\frac{1}{4}$  turn L stepping L forward.  
3,4      Step R forward. Pivot  $\frac{1}{4}$  turn L stepping L forward.  
5,6      Step R forward. Pivot  $\frac{1}{4}$  turn L stepping L forward.  
7,8      Step R forward. Pivot  $\frac{1}{4}$  turn L stepping L forward.

### Chasse, Rock Back Recover, Chasse, Rock Back Recover (Optional Slides)

1&2      Step R to R Side. Close L Next To R. Step R to R Side.  
3,4      Cross Rock L behind R. Recover on R.  
5&6      Step L to L Side. Close R next to L. Step L to L Side.  
7,8      Cross rock R behind L. Recover on L.

\* **Optional:** Replace counts '1&2' and '5&6' with:

1,2      Step R to R Side. Drag L up to R throwing arms to sides  
5,6      Step L to L Side. Drag R up to L throwing arms to sides

### Kick Ball Points x2, Body Roll x2

1&2      Kick R forward. Close R next to L. Point L to L side.  
3&4      Kick L forward. Close L next to R. Point R to R side.  
5,6      Step R to R Side Rolling body to R side. Touch L next to R.  
7,8      Step L to L Side Rolling body to L side. Touch R next to L.

### Step Hold, Shrug Bounce. Step Hold, Shrug Bounce

1,2      Step R to R Side. Hold.  
3,4      Shrug shoulders up and down whilst bouncing R heel. Shrug shoulders up and down whilst bouncing R heel.  
5,6      Step L to L Side. Hold.  
7,8      Shrug shoulders up and down whilst bouncing L heel. Shrug shoulders up and down whilst bouncing L heel.

**Start again**

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