

The Beat Drops

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Jo Kinser (UK) & John Kinser (UK) - May 2007
音乐: Everytime Tha Beat Drop (feat. Dem Franchize Boy) - Monica : (Album: The Makings Of Me)



Start 32 counts in on the vocals

Rock Hitch Back, Rock & Fwd, 1/2 Coaster Step, & Turn, Rock Hitch Together

1&2 Rock Fwd on Rt, Replace Lt as you hitch Rt, Step back slightly on Rt
Hands: *Rt fist over Lt fist in front of body hit Lt fist (1) Rt fist bounces up for (&), Rt fist hits top of Lt and Lt goes down (2)*

3&4 Rock back on Lt, Replace Rt, Step fwd on Lt
5&6 Make 1/2 turn Lt stepping back Rt, Step Lt next to Rt, Step fwd Rt
&7 Make 1/2 turn Rt stepping back Lt, Step Rt next to Lt
& Rock Lt fwd
8 Replace weight on the ball of the Rt (heel is up) while hitching Lt knee and bringing shoulders up
& Step Lt next to Rt dropping shoulders down

Rock 1/4 Step, Scuff, Press, (Shoulders), Kick, Weave, Rock & Cross & 1/4

1&2 Rock Rt to Rt, Turn 1/4 Lt, Step Rt fwd
Shoulders: *Pop Rt shoulder Down (1), Up (&), Down (2)*
&3&4 Scuff Lt beside Rt, Press Lt fwd, Hold (&4) Small kick fwd Lt (&)
Shoulders: *Pop Lt shoulder Down (3), Up (&), Down (4), Up (&)*
5&6 Step Lt behind Rt, Rt to Rt, Lt over Rt
&7&8 Rock Rt to Rt, Replace Lt, Rt over Lt, Lt to Lt
& Make 1/4 Lt stepping fwd Rt (facing 6 o'clock)
Styling: *Swing Rt arm clockwise for counts 7&8&*

Lunge, Replace, Coaster Step, Step, Turn-Sweep, Behind, 1/4, Side, Cross, Back, Side

1,2 Lunge fwd on Lt, Replace Rt
3&4 Step Lt back, Step Rt together, Step Lt fwd
&5 Step Rt fwd (&), Make a 1/2 turn Rt stepping back Lt (5)
& Continue turning 1/4 turn Rt sweeping Rt from front to back (facing 3 o'clock)
6& Step Rt behind Lt (6), Turn 1/4 turn Lt stepping Lt fwd (&) (facing 12 o'clock)
7&8& Step Rt to Rt diagonal, Cross Lt over Rt, Step back Rt, Step Lt to Lt diagonal

Punch, Punch, 1/4 Turn, Together (Fists), Nod, Mambo Fwd, Kick, Rock, Replace, 1/2 turn

1,2 Step fwd Rt, Step fwd Lt (feet shoulder width apart)
Arms: *Punch Rt fist fwd (1), Punch Lt fist fwd (2)*
3,4& Step Rt 1/4 turn side Rt, Step Lt in place (feet shoulder width apart)
Arms: *Rt fist in front of chest ?knuckle?s facing up? (3), Lt hand grasps Rt fist (4) Nod your head (&)*

5&6& Rock fwd Rt, Replace Lt, Step Rt together, Small kick Lt fwd
7&8 Rock back Lt, Step Rt fwd, Make 1/2 turn Rt stepping Lt next to Rt

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