

# Always

拍数: 96      墙数: 2      级数: Intermediate  
编舞者: Dougie D (UK) & Tina G (UK) - August 2007  
音乐: I Love You Always Forever - Donna Lewis



**16 count intro after beat kicks in,(start on vocals)**

Sequence: A,B,A,B,A,B

## Section A (64 counts)

**Side rock, behind side cross twice.**

1-2            rock right to right side, recover on left,  
3&4            cross right behind left, step left to left side, cross right in front of left,  
5-6            rock left to left side, recover on right,  
7&8            cross left behind right, step right to right side, cross left over right

**Step, 1/2 turn, shuffle fwd, step, pivot 1/4 turn right, turn and shuffle 1/4 turn left.**

1-2            step fwd on right, pivot 1/2 turn left,  
3&4            shuffle fwd, stepping right, left, right,  
5-6            step fwd on left and pivot 1/4 turn right on both feet, cross right behind left,  
7&8            step and shuffle 1/4 turn left, stepping left, right, left,

**Fwd rock, full turn right, two modified sailor steps**

1-2            rock fwd on right, recover on left,  
3-4            step back on right with 1/2 turn right, step fwd on left with 1/2 turn right  
5&6            cross and rock right behind left, recover on left, step right beside left,  
7&8            cross and rock left behind right, recover on right, step left beside right

**Rocking horse, rock to right side, cross shuffle left.**

1-2            rock fwd on right, recover on left,  
3-4            rock back on right, recover on left,  
5-6            rock right to right side, recover on left,  
7&8            cross shuffle left, stepping right, left, right,

**Side step, 1/4 turn right, front kick, two sailor steps, back rock.**

1-2            step left to left side with 1/4 turn right, kick right fwd,  
3&4            cross right behind left, step left beside right step right in place,  
5&6            cross left behind right, step right beside left, step left in place,  
7-8            rock back on right, recover on left,

**Kick ball change, back rock twice.**

1&2            kick right fwd, step right beside left, step left in place,  
3-4            rock back on right, recover on left ,  
5-8            repeat steps 1&2, 3-4

**Rolling vine right, step left to left, right beside left, step left to left with 1/4 turn left, tap right beside left.**

1-2            step right with 1/4 turn right, make 1/4 right stepping left to left side,  
3-4            make 1/2 right stepping right to right side, tap left beside right  
5-6            step left to left side, step right beside left,  
7&8            step left to left side with 1/4 turn left, tap right beside left,

**Toe switches right, left, right, left, fwd rock on right, right coaster step.**

1&2            point right toe to right side, step right beside left, point left toe to left side (travelling back),  
&3&4            step left beside right, point right toe to right side, step right beside left, point left toe to left side (travelling back)

&5-6            step left beside right, rock fwd on right, recover on left,  
7&8            step back on right, step left beside right, step fwd on right

**Section B (32 counts)**

**Fwd rock and shuffle back twice.**

&1-2            step left in place, rock fwd on right, recover on left  
3&4            shuffle back, stepping right, left, right,  
5-8            repeat steps &1-2, 3&4

**Two twinkles travelling fwd, step, 1/2 turn, shuffle fwd.**

1&2            step left over right, step right to right side, step left in place,(travelling fwd)  
3&4            step right over left, step left to left side, step right in place,(travelling fwd)  
5-6            step fwd on left, pivot 1/2 turn right,  
7&8            shuffle fwd, stepping left, right, left

**Two cross mambos, fwd mambo, back mambo.**

1&2            cross right over left, step left in place step right to right side,  
3&4            cross left over right, step right in place step left to left side  
5&6            step fwd on right, step left in place, step right beside left,  
7&8            step back on left, step right in place, step left beside right

**Side close, side close side to right , side close, side close side to left**

1-2            step right to right side, step left beside right,  
3&4            step right to right, step left beside right, step right to right side,  
5-6            step left to left side, step right beside left,  
7&8            step left to left side, step right beside left, step left to left side,

Choreographers note:

Section A is danced from front wall to back wall,

Section B is danced from back wall to front wall (easy innit !!)

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