

Some Girls Life

COPPERKNOB
BY SHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Sebastiaan Holtland (NL) - August 2007
音乐: Some Girls Will - The Dean Brothers



start dancing when she singing

2 X RUNNING FORWARD KICK AND KICK FWD

1&2& Rf run forward, Lf run forward, Rf run forward, Lf run forward
3&4& Rf kick forward, Rf step back in center, Lf kick forward, Lf step back in center weight on Lf (facing 12:00)
5&6& Rf run forward, Lf run forward, Rf run forward, Lf run forward
7&8& Rf kick forward, Rf step back in center, Lf kick forward, Lf step back in center weight on Lf (facing 12:00)

TOE STRUTS WITH 1/4 TURNS

9-10 Rf step on toe forward, Rf put your heel down weight on Rf (facing 12:00)
11-12 Lf step on toe forward and make 1/4 turn left, Lf put your heel down weight on Lf (facing 9:00)
13-14 Rf step on toe forward, Rf put your heel down weight on Rf (facing 9:00)
15-16 Lf step on toe forward and make 1/4 turn left, Lf put your heel down weight on Lf (facing 6:00)

KICK WITH SWIVELS FWD

17-18 Rf kick forward, Rf step back in center and swivel heel back, and swivel your Lf heel forward weight on Lf (facing 6:00)
19-20 Rf swivel heel forward, Lf swivel your heel forward weight on Lf (facing 6:00)
21-22 Rf kick forward, Rf step back in center and swivel heel back, and swivel your Lf heel forward weight on Lf (facing 6:00)
23-24 Rf swivel heel forward, Lf swivel your heel forward weight on Lf (facing 6:00)

1/4 SIDE ROCK AND CROSS HOLD, SIDE ROCK AND CROSS HOLD

25-26 1/4 turn left Rf side rock, Lf recover
27-28 Rf across in front of Lf, HOLD (facing 3:00)
29-30 Lf side rock, Rf recover
31-32 Lf across in front of Rf, HOLD (facing 3:00)

SIDE ROCK AND CROSS HOLD, 1/2 TURN SIDE CLOSE HOLD

33-34 Rf side rock, Lf recover
35-36 Rf across in front of Lf, HOLD weight on Lf (facing 3:00)
37-38 Lf step back with 1/4 turn right, Rf to the side with 1/4 turn right weight on Rf (facing 9:00)
39-40 Lf step next Rf, HOLD weight on LF (facing 9:00)

POSE AND BEND,CLOSE,POSE AND BEND,CLOSE KICK FWD AND BACK,SIDE AND CROSS 1 1/4 TURN

41-42 Rf step diagonally out and bend knees, Lf step next Rf weight on Lf (facing 9:00)
43-44 Rf step diagonally out and bend knees, Lf step next Rf weight on Lf (facing 9:00)
45&46 Rf kick diagonally forward, Rf step behind Lf, Lf step to the left side (facing 9:00)
&47-48 Rf step across Lf in 6 position, Rf make a 1 1/4 turn left end weight on Lf (facing 6:00)
NOTE: with the steps 41 t/m 44 juse your hands up your head with your palms to ceiling like a arabic dancer

REPEAT