Love Me If You Can

级数: Intermediate

编舞者: Dave Munro (UK) - August 2007

音乐: Love Me If You Can - Toby Keith : (Album: Big Dog Daddy)

Intro: 16 counts, begin on Vocal.

R Long step side. L Rock behind/Recover. L Long Step forward. R Mambo 1/2 turn. Ball step. L Cross. R Syncopated Rock side/Recover.

- 1-2&3 Long step Right to right, Rock Left behind Right, Recover onto Right in place, Long step Left forward.
- 4&5 Rock forward Right, Recover back on Left, 1/2 turn right stepping forward on Right.
- &6-7 Step on ball of Left foot beside Right, Step forward Right. Cross Left in front of Right.
- 8& Rock Right to right, recover onto Left in place. (6:00)

R Cross. L Syncopated Rock side/Recover. L Sailor 1/2 turn. Diagonal Ball step. 3 Step box. L Twinkle 1/4 turn.

- 1-2& Cross Right in front of Left, Rock on ball of Left foot, Recover onto Right in place.
- 3&4 Cross Left behind Right, 1/2 turn left stepping Right in place, Step on Left to forward left diagonal (10:30).
- &5 Step on ball of Right foot beside Left, Step Left to forward left diagonal.(10:30).
- 6&7 Cross Right in front of Left, Step Left back, Step Right to right (squaring up to 12:00)
- &8& Cross Left in front of Right, Step Right beside Left, 1/4 turn Left stepping Left forward.(9:00)

1/2 Turn. 1/4 turn L Coaster cross. Ball cross. Step side. L Sailor. Syncopated weave.

- 1 1/2 turn left stepping back on Right.
- 2&3 Step Left back step Right beside Left, 1/4 turn Left stepping Left across Right.
- &4-5 Step on ball of Right foot beside Left, Cross Left in front of Right, Step Right to right.
- 6&7 Step Left behind Right, Step Right slightly right, Step Left slightly left.
- &8& Cross Right behind Left, Step Left to side, Cross Right in front of Left. (12:00)

L Long step side. R Rock behind/Recover. R Long step side. L Rock behind/recover. Step forward. Rock/1/4 turn/Cross. L Scissor cross.

1-2& Long step Left to left, Rock Right behind Left, Recover onto Left in place.

*Restart the dance from this point on wall Three, facing (6:00).

- 3-4& Long step Right to right, Rock on Left behind Right, Recover onto Right in place.
- 5-6&7 Long step Left forward, Rock Right forward, 1/4 turn left recovering onto Left in place, Cross Right in front of Left.
- &8& Step Left to left, slide Right to end beside Left, Cross Left in front of Right. (9:00)

Repeat from Beginning.

*Restart: dance must be restarted after counts 1-2& in fourth section, you will be facing (6:00). EMail





拍数: 32

墙数:4