

Save Me

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Rob Fowler (ES) - August 2007
音乐: Save Me - Rick Guard



16-count intro

Floor Splits: Where We've Been

STEP LEFT , RIGHT NIGHTCLUB BASIC , LEFT NIGHTCLUB BASIC with ¼ TURN RIGHT

1 Step to Left on Left foot
2&3 Rock Right foot behind Left , recover weight onto Left foot , step to Right on Right foot
4&5 Rock Left foot behind Right , recover weight onto Right foot , turn ¼ Right stepping to Left on Left foot

RIGHT NIGHTCLUB BASIC , LEFT NIGHTCLUB BASIC with ¼ TURN RIGHT

6&7 Rock Right foot behind Left , recover weight onto Left foot , step to Right on Right foot
8&1 Rock Left foot behind Right , recover weight onto Right foot , turn ¼ Right stepping to Left on Left foot

RIGHT COASTER STEP ; STEP FORWARD ? ½ TURN ? STEP FORWARD ; ROCK FORWARD , RECOVER

2&3 Step back on Right foot , step on Left foot beside Right , step forward on Right foot
4&5 Step forward on Left foot , pivot ½ turn Right , step forward on Left foot
6-7 Rock forward on Right foot , recover weight onto Left foot

½ TURN , STEP FORWARD , ½ TURN with SWEEP

8&1 Turn ½ Right stepping forward onto Right foot , step forward on Left , turn ½ Right keeping weight on Left foot sweeping Right around front-to-back

Preferred Alternative to replace 8&1 above: DOUBLE FULL TURN with SWEEP

& Turn ½ Right stepping forward onto Right foot
8 Turn ½ Right stepping back onto Left foot
& Turn ½ Right stepping forward onto Right foot
1 Turn ½ Right keeping weight on Left foot sweeping Right around front-to-back

BEHIND ? SIDE ? CROSS-ROCK , RECOVER & CROSS-ROCK , RECOVER & STEP FORWARD

2&3 Cross-step Right foot behind Left , step to Left on Left foot , cross-rock Right foot over Left
4&5 Recover weight back onto Left foot , step to Right on Right foot , cross-rock Left foot over Right
6&7 Recover weight back onto Right foot , step to Left on Left foot , step forward on Right foot

FULL SPIRAL TURN , STEP FORWARD ; ROCK FORWARD , RECOVER , STEP BACK with DRAG

8-1 Turn full-turn over Left shoulder spinning on ball of Right foot , step forward on Left foot
2&3 Rock forward on Right, recover weight back onto Left, big step back on Right dragging Left towards Right

LEFT COASTER STEP , RIGHT LOCK-STEP FORWARD

4&5 Step back on Left foot , step on Right foot beside Left , step forward on Left foot
6&7 Step forward on Right foot , lock-step Left foot behind Right , step forward on Right foot

STEP FORWARD , ¾ TURN , STEP TO LEFT

8&1 Step forward on Left foot , pivot ¾ turn to Right , step to Left on Left foot

START AGAIN!

