

# Wind It Up

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Ross Brown (ENG)  
音乐: Wind It Up - Gwen Stefani : (CD: Wind It Up Single)



## CROSS, SIDE, BEHIND & HEEL, & CROSS, SIDE, BEHIND & HEEL

1-2      Cross step right over left, step left to the left.  
3&4      Cross step right behind left, step left to the left, tap right heel forward.  
&      Step right next to left.  
5-6      Cross step left over right, step right to the right.  
7&8      Cross step left behind right, step right to the right, tap left heel forward.

## & CROSS, SIDE ROCK, CROSS, SIDE ROCK, BEHIND, SIDE ROCK, BEHIND, SIDE ROCK

&1      Step left next to right, cross step right over left.  
2&      Rock left to the left, recover onto right.  
3      Cross step left over right.  
4&      Rock right to the right, recover onto left.  
5      Cross step right behind left.  
6&      Rock left to the left, recover onto right.  
7      Cross step left behind right.  
8&      Rock right to the right, recover onto left.  
Alternatives      All SIDE ROCKs can be replaced with SIDE POINTS

## ROCK BACK, ½ TURN SHUFFLE LEFT, ROCK BACK, ½ TURN SHUFFLE RIGHT

1-2      Rock back with right, recover onto left.  
3&4      Shuffle a ½ turn left stepping; right, left, right. (6 o'clock)  
5-6      Rock back with left, recover onto right.  
7&8      Shuffle a ½ turn right stepping; left, right, left. (12 o'clock)

## ¼ TURN HINGE SIDE ROCK, & SIDE ROCK, ½ TURN HINGE SIDE ROCK, SIDE ROCK

1-2      Make a ¼ turn right rocking right to the right (3 o'clock), recover onto left.  
&      Step right next to left.  
3-4      Rock left to the left, recover onto right.  
5-6      Make a ½ turn right rocking left to the left (9 o'clock), recover onto right.  
&      Step left next to right.  
7-8      Rock right to the right, recover onto left.

## Tag: Dance the following tag at the end of wall 9 (facing 9 o'clock)

1-2-3      Bump hips; right, left, right.  
4      Step left in place.