

Sorry

拍数: 96 墙数: 4 级数: Intermediate
编舞者: Michael Lynn (UK) - January 2006
音乐: Sorry (Radio Edit) - Madonna : (Album: Sorry, CD Single)



64-count intro

Running Order: A A B A A B B A A B

A - Chorus

RIGHT HEEL DIGS, BEHIND SIDE CROSS, LEFT HEEL DIGS, BEHIND SIDE CROSS

1-2 Touch right heel forward twice,
3&4 Cross right behind left, step left to left side, cross right over left,
5-6 Touch left heel forward twice,
7&8 Cross left behind right, step right to right side, cross left over right.

STEP ¼ TURN LEFT, STEP ¼ LEFT, ROCK RECOVER, ¾ TURNING TRIPLE RIGHT

1-2 Step right foot forward, pivot ¼ turn left,
3-4 Step right foot forward, pivot ¼ turn left,
5-6 Step right forward, rock weight back onto the left,
7&8 Triple step ¾ turn right, stepping ? right, left, right.

LEFT HEEL DIGS, BEHIND SIDE CROSS, RIGHT HEEL DIGS, BEHIND SIDE CROSS

1-2 Touch left heel forward twice,
3&4 Cross left behind right, step right to right side, cross left over right,
5-6 Touch right heel forward twice,
7&8 Cross right behind left, step left to left side, cross right over left.

STEP ¼ TURN RIGHT, STEP ¼ RIGHT, ROCK RECOVER, LEFT BACK COASTER

1-2 Step left foot forward, pivot ¼ turn right,
3-4 Step left foot forward, pivot ¼ turn right,
5-6 Step left forward, rock weight back onto the right,
7&8 Step back left, right step together, step forward left,

B - Verse

CHASSE RIGHT, BACK ROCK RECOVER, POINT SIDE, POINT FORWARD, LEFT SIDE STEP, RIGHT IN

1&2 Step right to right side, left together, step right to right side,
3-4 Cross back left rock (behind right), rock weight back onto the right,
5-6 Point left toe to side, point left toe forward,
7-8 Step left to the side, step right beside left.

CHASSE LEFT, BACK ROCK RECOVER, POINT SIDE, POINT FORWARD, RIGHT SIDE STEP, LEFT TOUCH

1&2 Step left to left side, right together, step left to left side,
3-4 Cross back right rock (behind left), rock weight back onto the left,
5-6 Point right toe to side, point right toe forward,
7-8 Step right to the side, touch left beside right (while transferring weight onto left).

CROSS, SIDE, BEHIND, SIDE, CROSS, SIDE, BEHIND, SIDE

1-2 Cross left over right, step right to right side,
3-4 Cross left behind right, step right to right side,
5-6 Cross left over right, step right to right side,
7-8 Cross left behind right, step right to right side.

CROSS, UNWIND ¾ TURN, LEFT SHUFFLE, WALK, WALK, RIGHT SHUFFLE

1-2 Cross left over right, unwind $\frac{3}{4}$ right,
3&4 Shuffle forward on left, right, left,
5-6 Step forward on right, step forward on left,
7&8 Shuffle forward on right, left, right.

MAMBO ROCKS FORWARD & BACK, TOE/HEEL SWIVELS, TOE/HEEL SWIVELS & CLAP

1&2 Rock forward on left, rock back onto right, step back left,
3&4 Rock back on right, rock forward onto left, step forward right,
5-6 Swivel both heels to the right, swivel both toes to the right,
7-8 Swivel both heels to the right, clap.

TOE/HEEL SWIVELS, TOE/HEEL SWIVELS & CLAP, MAMBO ROCKS FORWARD & BACK

1&2 Swivel both heels to the left, swivel both toes to the left,
3&4 Swivel both heels to the left, clap,
5-6 Rock forward on right, rock back onto left, step back right,
7-8 Rock back on left, rock forward onto right, step forward left.

JAZZ BOX, JAZZ BOX $\frac{1}{4}$ TURN

1-2 Cross right over left, step back to left side,
3-4 Step right to right side, step forward to left side,
5-6 Cross right (with $\frac{1}{4}$ turn left) over left, step back to left side,
7-8 Rock back on left, rock forward onto right, step forward left.

SLIDE, DRAG, SLIDE, DRAG

1-4 Large step to the left (over 2 counts), while dragging right foot beside left (over 2 counts),
5-6 $\frac{1}{4}$ Turn right, while taking a large step to the right (over 2 counts),
7-8 while dragging the left foot beside right (over 2 counts).
NOTE: On count 8 make sure weight is on left.

CHOREOGRAPHER'S NOTE: If dancing to the album version an extra 'B' section has to be added to the breakdown. The revised order for dancing to the album version is:

Running Order: A A B A A B B B A A B

[Website](#)
