

I Wish I

拍数: 56 墙数: 4 级数: Improver
编舞者: Richard Dawkins (UK) - August 2007
音乐: Mr Rock & Roll - Amy Macdonald



RIGHT & LEFT HEEL SWITCHES, RIGHT HOOK, STEP, ROCK RECOVER, FULL TURN LEFT TRAVELING BACK

1&2 Touch right heel forward, step right together, touch left heel forward, step left together
&3&4 Touch right heel forward, hook right over left, step right forward
5-6 Rock left forward, recover on right
7-8 Turn ½ left and step left forward, turn ½ left and step right back

LEFT COASTER STEP, LOCK, UNWIND TURN ½ RIGHT

1&2 Step left back, step right together, step left forward
3-4 Cross right behind left, unwind ½ right (weight to right)

LEFT & RIGHT HEEL SWITCHES, LEFT HOOK, STEP, ROCK RECOVER, FULL TURN RIGHT TRAVELING BACK

1&2 Touch left heel forward, step left together, touch right heel forward, step right together
&3&4 Touch left heel forward, hook left over right, step left forward
5-6 Rock right forward, recover on left
7-8 Turn ½ right and step right forward, turn ½ right and step left back

RIGHT COASTER STEP, LOCK, UNWIND TURN ¾ LEFT

1&2 Step right back, step left together, step right forward
3-4 Cross left behind right, unwind ¾ left (weight to left)

SIDE ROCK, RECOVER, CROSS, VAUDEVILLE, CROSS, TURN ¼, TURN ¼, TOUCH

1-2 Rock right to side, recover on left
3&4 Cross right over left, step left diagonally back, touch right heel forward
&5 Step right together, cross left over right
6-7 Turn ¼ left and step right back, turn ¼ left and step left to side
8 Touch right toe together

RIGHT SHUFFLE FORWARD, ROCK, RECOVER, LEFT SHUFFLE BACK, ROCK, RECOVER

1&2 Step right forward, step left together, step right forward
3-4 Rock left forward, recover onto right
5&6 Step left back, step right together, step left back
7-8 Rock right back, recover onto left

FULL TURN LEFT TRAVELING FORWARD, STEP, TURN ½ LEFT

1 Turn ½ left and step right back
2 Turn ½ left and step left forward
3-4 Step right forward, turn ½ left (weight to left)

STEP TOUCH, CROSS TOUCH, BACK CROSS TOUCH, STEP BACK TOUCH

1-2 Step right forward, touch left toe to side
3-4 Cross left over right, touch right toe to side
5-6 Cross right behind left, touch left toe to side
7-8 Step left back, touch right to side

RIGHT SAILOR STEP, CROSS, UNWIND TURN ½ LEFT

1&2 Cross right behind left, step left to side, step right together
3-4 Cross left behind right, unwind ½ left (weight to left)

REPEAT
