Mr Luver



拍数: 80 墙数: 4 级数: Intermediate / Advanced

编舞者: Kenneth Johnson - June 2007

音乐: Luv Me, Luv Me - Shaggy & Janet Jackson



Int	ro.	16	COL	ınt

Section 1 Tap, Fwd, (Tap, Back) x2, Tap in out in, Fwd, ½ Turn Back, Tap, Back, Tap Fwd Twice &1&2 Tap right foot (no weight), step forward on right() tap left foot, step back on left

Tap light loot (no weight), step loward of light () tap left loot, step

&3 Tap right foot (no weight), step back on right

&4& Tap left foot in out in

5-6 Step forward on left, make a ½ turn left stepping back on right (6:00)

&7&8 Tap left foot (no weight), step in place on left, tap right foot twice (no weight)

Section 2 Tap, Fwd, (Tap, Back) x2, Tap in out in, Fwd, ½ Turn Back, Tap, Back, Tap Fwd Twice

1&2 Step forward on right(), tap left foot, step back on left

&3 Tap right foot (no weight), step back on right

&4& Tap left foot in out in

5-6 Step forward on left, make a ½ turn left stepping back on right (12:00)

&7&8 Tap left foot (no weight), step in place on left, tap right foot, step forward on right.

Section 3 ROCK FWD, BACK & FWD, ROCK BACK, FWD, BACK, STEP, RECOVER, SIDE

SHUFFLE

1&2 Rock forward on right, rock back onto left, rock forward on right (shoulder shrug & bounce

fwd)

3&4 Rock back onto left, rock forward on right, rock back onto left (shoulder shrug & bounce

backward)

5-6 Step right to right, recover onto left

7&8 Step right to right, step left beside right, step right to right

Section 4 STEP, RECOVER, SIDE SHUFFLE, SYNCOPATED SAILOR STEP x 2, 1/4 TURN

1-2 Step left to left. Recover onto right

3&4 Step left to left side, step right beside left, step left to left

&5&6 Recover onto right, step back on left, recover onto right, step left to left

&7&8 Recover onto right, make a ¼ turn left stepping back on left, recover onto right, step left

forward (9:00)

Section 5 WALK FWD and STEP BACK with KNEE POP

1-2 Walk forward R , L --Pop knee 3&4 Walk forward R, L, R ? Pop knee

5-6 Step back on L, R

7&8 Step left beside right, step in place R, L with Pop knee

Section 6 (STEP, PIVOT 1/4 TURN RIGHT) x 2, STEP, KICK, STEP, TOGETHER, STEP IN PLACE

1-2 Step forward on right, pivot ½ turn left (weight on left) (6:00) 3-4 Step forward on right, pivot ½ turn left (weight on left) (3:00)

5-6 Step forward on right, kick left forward

7&8 Run back on left, step right next to left, step left in place

Section 7 CAMEL WALK MOVING FORWARD ? HEEL WALK x 8

1-2 Walk forward with L heel up - R, L
3&4 Walk forward with L heel up ? R, L, R
5-6 Walk forward with R heel up ? L, R
7&8 Walk forward with R heel up ? L, R, L

Section 8 (STEP, PIVOT ¼ TURN) x 4

1-2 Step forward on right, pivot ¼ turn left (weight on left) (12:00)

3-4	Step forward on right, pivot ¼ turn left (weight on left) (9:00)
5-6	Step forward on right, pivot 1/4 turn left (weight on left) (6:00)
7-8	Step forward on right, pivot 1/4 turn left (weight on left) (3:00)

Section 9 SIDE, TOGETHER, SIDE, TOUCH, LEFT ROLLING VINE

1-2 Step right to right side, step left beside right (3:00)3-4 Step right to right side, touch left beside right

5-6 Make a ½ turn stepping left to left side, make a ½ turn left stepping right to right side

7-8 Step left to left side, touch right beside left

Section 10 STEP BACK- R, L, R, L, TAP, STEP

1-4 Step back- R, L, R, L

Tap right foot twice (no weight), step forward on right (diagonally right)
 Tap left foot twice (no weight), step forward on left (diagonally left)

Option:

5&6 Hop (both feet together) 3 times - ½ R 7&8 Hop (both feet together) 3 times - ½ L

Start Again and Have Fun!