As Time Goes By



拍数: 64 墙数: 4 级数: Intermediate

编舞者: Gordon Timms (UK)

音乐: By The Time I Get To Phoenix - Heather Myles: (CD: Sweet Talk & Good Lies)



CROSS ROCK, RECOVER, TURN ¼ LEFT WITH A SAILOR STEP, STEP PIVOT ¾ TURN LEFT, RIGHT SIDE CHASSE

1-2 Cross/rock left over right, recover onto right
3&4 Sailor step turning ¼ left stepping left, right, left
5-6 Step right forward, turn ¾ left (weight to left)
7&8 Shuffle to side right, left, right (12:00)

CROSS ROCK, RECOVER, TURN ¼ LEFT WITH A SAILOR STEP, STEP PIVOT ¼ TURN LEFT, RIGHT CROSSING SHUFFLE

1-2 Cross/rock left over right, recover onto right
3&4 Sailor step turning ¼ left stepping left, right, left
5-6 Step right forward, turn ¼ left (weight to left)
7&8 Crossing shuffle stepping right, left, right (6:00)

HALF (TWO STEP) WEAVE, LEFT SIDE CHASSE, ¼ TURN LEFT, SWIVEL ¼ TURN LEFT, TOUCH & HOLD, CROSSING RIGHT SHUFFLE

1-2 Step left to side, cross right behind left

3&4 Shuffle to side turning ¼ left stepping left, right, left 5-6 Turn ¼ left (weight to left), touch right to side Crossing shuffle stepping right, left, right (12:00)

TOUCH & HOLD, LEFT CROSSING SHUFFLE, STEP & ROCK, SWIVEL 1/4 TURN LEFT WITH WEIGHT, RIGHT FORWARD SHUFFLE

1-2 Touch left to side, hold

3&4 Crossing shuffle stepping left, right, left5-6 Rock right to side, recover to left

7&8 Turn ¼ left and shuffle forward right, left, right (9:00)

ROCK, RECOVER, LEFT COASTER STEP, STEP PIVOT ¾ TURN LEFT WITH WEIGHT, RIGHT SIDE CHASSE

1-2 Rock left forward, recover onto right

3&4 Coaster step left, right, left

5-6 Step right forward, turn ¾ left (weight to left) 7&8 Shuffle to side right, left, right (12:00)

CROSS ROCK, RECOVER, TURN ¼ LEFT WITH A SAILOR STEP, ROCK, RECOVER, TURN ½ RIGHT WITH A TRIPLE STEP

1-2 Cross/rock left over right, recover onto right 3&4 Sailor step turning ¼ left stepping left, right, left

5-6 Rock right forward, recover onto left

7&8 Triple in place turning ½ right stepping right, left, right (3:00)

ROCK, RECOVER, LOCK STEPS BACKWARDS, TURN ¼ RIGHT, TURN ½ RIGHT INTO A RIGHT SAILOR STEP

1-2 Rock left forward, recover onto right

3&4 Step left back, lock right over left, step left back

5-6 Turn ¼ right and step right to side, turn ½ right and step left to side

7&8 Sailor step right, left, right (12:00)

STEP FORWARD LEFT PIVOT ¾ TURN INTO A LEFT SIDE CHASSE, CROSS ROCK, RECOVER, RIGHT SIDE CHASSE

1-2 Step left forward, turn ¾ right (weight to right)

3&4 Shuffle to side left, right, left

5-6 Cross/rock right over left, recover onto left 7&8 Shuffle to side right, left, right (9:00)

REPEAT

There is a non-vocal passage at the end of the track, just keep on dancing through and finish the dance facing 12:00

This dance is dedicated to all the lovely ladies on the Hawaiian Islands who teach my dances and who have brought this forgotten dance back to my attention

EMail / Website