

Mighty Real

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4 级数:
编舞者: Chris Hodgson (UK) - July 2007
音乐: You Make Me Feel (Mighty Real) - Jimmy Somerville : (CD: The Very Best of Bronski Beat And The Communards)



64 count intro-start on vocals

Country Alternative: I'LL TAKE YOU BACK .BRAD PAISLEY (112bpm) cd: Time Well Wasted (NO TAG/RESTART)

- 1-8 SAILOR STEP x 2 / STEP-1/4 TURN w HITCH / & CROSS-SIDE**
1&2 Cross Right behind Left, Step Left to Left side, Step Right to Right side
3&4 Cross Left behind Right, Step Right to Right side, Step Left to Left side
5-6 Step forward on Right, Pivot 1/4 turn Left hitching up Left leg
&7-8 Step down on Left, Cross Right over Left, Step Left to Left side (9)
- 9-16 BACK ROCK / TOGETHER-WALK-WALK / 1/4 TURN-CROSS / SIDE ROCK**
1-2 Step back on Right, Rock weight forward onto Left
&3-4 Step Right next to Left, Step forward on Left, Step forward on Right
5-6 Pivot 1/4 turn Left, Cross Right over Left
7-8 Step Left to Left side, Rock weight onto Right (6)
*****(ADD 4 count TAG here on wall 5)*****
- 17-24 WEAVE RIGHT / SIDE ROCK / WEAVE LEFT / CROSS-1/2 UNWIND**
1&2 Cross Left behind Right, Step Right to Right side, Cross Left over right
3-4 Step Right to Right side, Rock weight onto Left
5&6 Cross Right behind Left, Step Left to Left side, Cross Right over Left
7-8 Cross Left over Right, Unwind 1/2 turn Right (weight to end on Left) (12)
- 25-32 BACK ROCK / FORWARD ROCK / COASTER STEP / STEP-1/2 TURN**
1-2 Step back on Right, Rock weight forward onto Left
3-4 Step forward on Right, Rock weight back onto Left
5&6 Step back on Right, Step Left next to Right, Step forward on Right
7-8 Step forward on Left, Pivot 1/2 turn Right (6)
- 33-40 STEP FORWARD-1/4 HITCH / SIDE-HEEL LIFTS / CROSS-3/4 UNWIND / OUT-OUT-KNEE POP**
1-2 Step forward on Left, 1/4 turn Left on Left hitching Right knee up (3)
3&4 Step Right to Right side, Lift both heels up, Drop both heels down
5-6 Cross Left over Right, Unwind 3/4 turn Right (weight on Left) (12)
&7-8 Small step Right out to Right side, Small step Left out to Left side, Pop Right knee in (weight on Left)
- 41-48 HITCH-BALL-CROSS x 2 / SIDE SWITCHES / & STEP-1/4 TURN**
1&2 Hitch Right Knee, Step down on Right, Cross Left over Right
3&4 Hitch Right Knee, Step down on Right, Cross Left over Right
5&6 Touch Right toe to Right Side, Step Right next to Left, Touch Left toe to Left side
&7-8 Step Left next to Right, Step forward on Right, Pivot 1/4 turn Left (9)

These are really easy to remember!! - Honest!!

TAG on WALL 5 Insert the following 4 counts after count 16. facing 6 O'clock

Cross Left over Right, Rock weight back on Right, Step Left to Left side, Rock weight onto Right, then CARRY ON with the dance from COUNT 17.

RESTART On WALL 6 - Dance The First 8 Counts of the dance only (Now facing 6 O'clock) THEN START DANCE AGAIN FROM COUNT 1

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