

Your Backyard Rock

拍数: 64 墙数: 4 级数: Improver
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音乐: Your Back Yard - Burton Cummings



Start on the word ---Long

Kick , kick , Right Coaster Step, kick, kick, Left Coaster Step

1-2 Kick right across left foot, kick right to right side
3&4 Step back right, step left beside right , step forward right
5_6 Kick left across right foot, kick left to left side
7&8 Step back left, step right beside left, step forward left

Shuffle Right forward, Shuffle Left forward , Step ½ pivot Left turn, rock and recover

1&2 Right Shuffle forward
3&4 Left shuffle forward
5-6 Step forward on right and pivot ½ turn left
7-8 Rock forward on right and recover onto left foot

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3&4 Step back right, step left beside right , step forward right
5-6 Kick left across right foot, kick left to left side
7&8 Step back left, step right beside left, step forward left

Shuffle Right forward, Shuffle Left forward , Step ½ pivot Left turn, rock and recover

1&2 Right Shuffle forward
3&4 Left shuffle forward
5-6 Step forward on right and pivot ½ turn left
7-8 Rock forward on right and recover onto left foot

Right Chasse, rock and recover, Left Chasse, Rock and recover

1&2 Step right to right side, close left beside right , step right to right side
3-4 Rock back on left foot, recover onto right foot
5&6 Step left to left side, close right beside left , step left to left side
7-8 Rock back on right foot, recover onto left foot

Toe Struts , Rock,step and Cross Hold

1-4 Touch right toe forward, drop right heel, touch left toe forward, drop left heel.
(Click your fingers when doing these steps)
4-8 Rock on right foot to right side, step left foot next to right , and cross right over left and hold

Toe Struts, Rock, step onto right with ¼ turn right and hold.

1-4 Touch left toe forward, drop left heel, touch right toe forward, drop right heel.
(Click your fingers when doing these steps)
5-7 Rock on left foot to left side , step onto right foot with ¼ right turn, cross left over right and hold

Kick ball change x2, Rocking Chair

1&2 Kick right, step in place right, step in place left
3&4 Repeat the above
5-8 Rock forward on right, recover onto left, rock backward on right, recover onto left.

REPEAT