

Counting 1 2 3

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Dave Munro (UK) - August 2007
音乐: Counting - Lucie Silvas



Or Music: I'm Still A Guy by Brad Paisley [CD: 5th Gear]

LEFT FORWARD HOLD, MODIFIED RIGHT SCISSOR CROSS, LEFT ROCK BACK/RECOVER/TURN ¼, RIGHT TURN ¼ HOLD

1-3 Step left forward, hold for 2 counts
4-6 Step right diagonally back, slide/step left together, cross right over left
7-9 Rock left back, recover to right, turn ¼ right and step left to side
10-12 Turn ¼ right and step right forward right, hold for 2 counts (6:00)
Styling note: continue upper body movement, twisting to the right during counts 11&12 (9:00 upper body only)

RIGHT TURN ½ SWEEP, STEP BACK, SWEEP, STEP BACK, HOOK, STEP TURN ¼ LEFT TOUCH

13-15 Turn ½ right and step left back, sweep right from front to back over 2 counts
16-18 Cross right behind left, sweep left from front to back over 2 counts
19-21 Cross left behind right, hook right over left for 2 counts (12:00)
22-24 Step right forward, turn ¼ right and touch left to side, hold (3:00)

CROSS, TOUCH HOLD, TURN ½ SWEEP, WEAVE, TURN ½ SWEEP

25-27 Cross left over right, touch right to side, hold
28-30 Turn ¼ right and step right forward, turn ¼ right and sweep left from back to front over 2 counts
31-33 Cross left over right, step right to side, cross left behind right
34-36 Turn ¼ right and step right forward, turn ¼ right and sweep left from back to front over 2 counts (3:00)

Restart dance from here (after count 36) on wall 5 only

WEAVE, RIGHT SWAY & DRAG, HOLD, LEFT SWAY & DRAG, HOLD, RIGHT SWAY & DRAG, HOLD

37-39 Cross left over right, step right to side, cross left behind right
40-42 Step right to side (sway), slide/touch left together, hold
43-45 Step left to side (sway), slide/touch right together, hold
46-48 Step right to side (sway), slide/touch left together, hold (3:00)

REPEAT

RESTART: Restart after count 36 on wall 5

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