

Old Time Rocker

COPPER KNOB
STEP SHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Dougie D (UK)
音乐: Old Time Rock And Roll - Bob Seager



Intro, start on vocals "Off the shelf "

JAZZ BOX X2

1-2 Cross right over left,step back on left,
3-4 Step right beside left, step left in place,
5-8 Repeat steps 1-2,3-4,

HEEL DIGS, FWD ROCK,X2

1&2& Dig right heel fwd, step right beside left, dig left heel fwd, step left beside right,
3-4 Rock fwd on right, recover on left,
5-8 Repeat steps 1&2&, 3-4,

SAILOR STEP X2, BACK ROCK, KICK BALL CHANGE

1&2 Cross right behind left, step left beside right, step right in place(travelling back)
3&4 Cross left behind right, step right beside left,step left in place, (travelling back)
5-6 Rock back on right, recover on left,
7&8 Kick right fwd, step right beside left, step left in place,

ROCK AND COASTER STEP X2

1-2 Rock fwd on right, recover on left,
3&4 Step back on right,step left beside right,step fwd on right,
5-6 Rock fwd on left,recover on right,
7&8 Step back on left, step right beside left,step fwd on left,

SIDE ROCK,CROSS SHUFFLE, SIDE CHASSE,BACK ROCK

1-2 Rock out to right side,recover on left,
3&4 Cross shuffle left, stepping right, left, right,
5&6 Chasse left, stepping left, right, left,
7-8 Rock back on right,recover on ;left,

SHORT VINE LEFT,RIGHT SAILOR STEP,SHORT VINE LEFT WITH 1/4 TURN LEFT, LEFT SAILOR STEP

1-2 Cross right over left,step left to left side,
3&4 Cross right behind left,step left beside right,step right in place,
5-6 Cross left over right,step right beside left with 1/4 turn left,
7&8 Cross left behind right,step right beside left, step in place,

KICK BALL CHANGE X2,HIP ROCKS,KICK BALL CHANGE

1&2 Kick right fwd, step right beside left, step left in place,
3&4 Kick right fwd, step right beside left, step left in place,
5-6 Rock hips on to right, rock hips on to ;left,
7&8 Kick right fwd, step right beside left, step left in place,

HEEL DIGS AND DIAGONAL FWD SLIDE X2

1&2& Dig right heel fwd,step right beside left, dig left heel fwd, step left beside right,
3-4 Slide right diagonally fwd,tap left beside right,
5&6& Dig left heel fwd, step left beside right, dig right heel fwd,step right beside left,
7-8 Slide left diagonally fwd, tap right beside left

REPEAT

