

Bep More

拍数: 32 墙数: 4 级数: Intermediate
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音乐: More - Black Eyed Peas



16 count intro

Section 1 walks, step turn ½, touch, wizard step x2

1-2 walk forward on Rf, walk forward on Lf
3&4 step forward on Rf, turn ½ turn L (weight on Lf), touch Rf beside L
5-6& step diagonally forward on Rf, cross Lf behind R, step forward on Rf
7-8& step diagonally forward on Lf, cross Rf behind L, step forward on Lf

Section 2 touch-step, scuff-hitch-step, rock step, shuffle turn

1-2 touch Rf forward, step forward on Rf
3&4 scuff Lf beside R, hitch with L, step forward on Lf (styling: body roll)
5-6 rock forward on Rf, recover on Lf and turn ¼ turn to R
7&8 step Rf to R side, step Lf beside R, turn ¼ turn to R and step forward on Rf

Section 3 rock step, turn 1 & ¼, rock step, wave

1-2 rock forward on Lf, recover on Rf
3-4 cross Lf behind R and turn 1 & ¼ turn to L (weight on Lf)
5-6 rock Rf to R side, recover on Lf (styling: hip bumps right-left)
7&8 cross Rf behind L, step Lf to L side, cross Rf in front of L

Section 4 Rock step, wave with ¼ turn, touch x3, turn ¼

1-2 rock Lf diagonally forward, recover on Rf
3&4 cross Lf behind R, turn ¼ turn to R and step forward on Rf, step forward on Lf
5&6& touch Rf to R side, step Rf beside L, touch Lf to L side, step Lf beside R
7-8 touch Rf to R side, turn ¼ turn to R