Lonely Heart



拍数: 48 墙数: 2 级数: Improver

编舞者: DJ Dan (NL) & Wynette Miller (NL) - July 2007

音乐: Tip of My Fingers - Anita Perras: (CD: The Greatest Hits Collection)



Intro 12 counts.

STEP FORWARD, SIDE, TOGETHER; STEP BACK, SIDE, CROSS

1-3 Step Right forward. Step Left to left side. Step Right next to Left.
4-6 Step Left back. Step Right to right side. Cross Left over Right.

SIDE, SLIDE, TOUCH; 1/4 TURN LEFT, FULL FORWARD TURN LEFT

1-3 Step Right to right side. Slide Left up to Right. Touch Left next to Right.

4-6 Turn 1/4 left step Left forward. Turn 1/2 left step Right back. Turn 1/2 left step Left forward.

[9]

Option 5-6 walk forward Right. Left

STEP FORWARD, ROCK STEP FORWARD; COASTER STEP

1-3 Step Right forward. Rock Left forward. Recover onto Right.4-6 Step Left back. Step Right next to Left. Step Left forward.

CROSS ROCK, SIDE; CROSS ROCK, SIDE WITH POINT

1-3 Cross rock Right over Left. Recover onto Left. Step Right to right side.

4-6 Cross rock Left over Right. Recover onto Right. Step Left to left side - weight on Left, Right

toe pointed out turn head to right side.

ROLLING VINE; TWINKLE

1-3 (Rock) step Right down 1/4 turn right. Turn 1/2 right step Left back. Turn 1/4 right step Right

to side. [9]

4-6 Cross Left over Right. Step Right to right side. Step Left in place.

Option 1-3 Right vine leave out the full turn

CROSS, UNWIND 3/4 TURN LEFT (2 COUNTS); SAILOR STEP

1-3 Cross Right over Left. Unwind 3/4 turn left, weight ends on Right. [12]

4-6 (Sweep) cross Left behind Right, Step Right to right side. Step Left to Left side.

BEHIND, SIDE ROCK; BEHIND, SIDE ROCK

1-3 Cross Right behind Left. Rock Left to left side. Recover onto Right.
 4-6 Cross Left behind Right. Rock Right to right side. Recover onto Left.

COASTER STEP; STEP FORWARD, STEP, 1/2 PIVOT TURN LEFT

1-3 Step Right back. Step Left next to Right. Step Right forward.4-6 Step Left forward. Step Right forward. Pivot 1/2 turn left. [6]

Repeat

<u>EMail</u>