

Ain't Gonna Work!

COPPER KNOB
STEPPERS

拍数: 24 墙数: 4 级数: Improver
编舞者: Zandra Varnham (SCO)
音乐: Ain't Gonna Work Today - Junior Brown



HEEL DIGS SWITCHES, DOUBLE KICK TWICE

- 1 Right heel dig forward
- & Bring right foot next to left
- 2 Left heel dig forward
- & Bring left heel back to place
- 3 Low kick right foot forward
- 4 High kick right foot forward (if it is easier do two low kicks)
- & Step down on right foot
- 5 Left heel dig forward
- & Bring left foot back to place
- 6 Right heel dig forward
- & Bring right foot back to place
- 7 Low kick left foot forward
- 8 High kick left foot forward (if it is easier do two low kicks)
- & Step down on left foot

STOMPS TWICE TWISTS TWICE STOMPS TWICE TWISTS TWICE

- 1 Stomp right foot
- 2 Stomp left foot
- 3 Twist heels right
- 4 Twist heels left
- 5 Stomp left foot
- 6 Stomp right foot
- 7 Twist heels left
- 8 Twist heels right (get weight onto left foot)

For a bit of variation try an applejack instead of the twists

TURNING JAZZ BOX, JAZZ BOX

- 1 Cross right over left
- 2 Step back onto left
- 3 ¼ turn to right stepping right
- 4 Step left next to right
- 5 Cross right across left
- 6 Step back on left
- 7 Step right to right side
- 8 Step left next to right

REPEAT
